

Homophobic attack forced trans cartoonist to cancel Halifax book launch — then the community rallied behind her metroNEWS

Halifax THISWEEKEND Your essential daily news | WEEKEND, MAY 19-22, 2017 n 23°C/Low 6°C Partly cloudy 💟 🕧

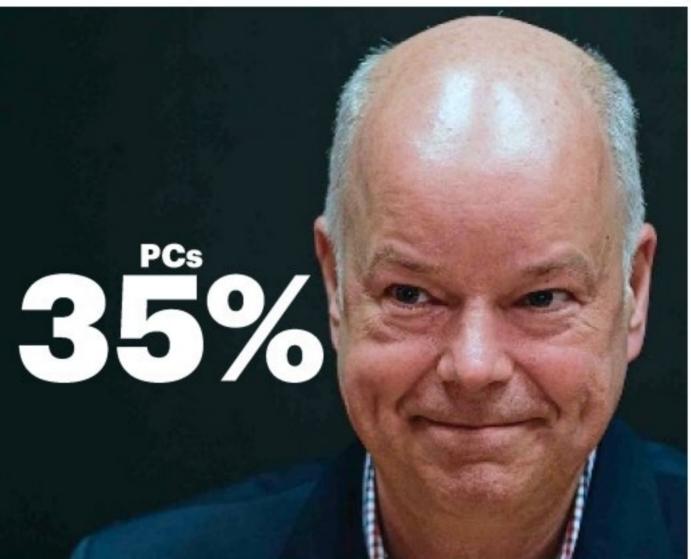
METRO TALKS: Election leaders



DEADHEAT

A new poll has the Liberals sliding and PCs gaining, putting parties neck and neck metroNEWS





of people say this election campaign has made them more likely to vote



Your Neighbourhood Seafood Store • Bringing Our Customers Quality, Service, Variety & Value Since 1948

anner

PREMIUM A GRADE 2 Claw. Live or Cooked. Call ahead to order Cooked. Guaranteed Fresh & **Fully Meated**

Fresh Frozen Scallop Pieces/Bits
Great in Chowders, Pasta's, \$7.99lb
Casseroles & Fritters Cdn Haddock Fillets Jumbo (12+oz) Medium (4-8oz)

Large Choice North Harbour Oysters \$1.49ea Get 1 Free

Download "Reebee" APP to sea our Weekend Flyer on Friday

Specials in effect May 19th to May 21st

Open Victoria

Day Monday

Ilam - 5pm

Seafood packed for shipment and travel. Gift Cards & Party Trays Available

JUMBO Lobster Live, 2 Claw, 7lb + Jumbo Savings @ \$7.99lb

Broken Haddock Fillets / Bits Frozen \$3.99lb

Fresh Local Atl. **Halibut Steaks** Large. Hard to \$19.991b Fresh Whole Silver Hake / Whiting Whole \$2.69lb

STEELE CHRYSLER AND HALIFAX CHRYSLER

EST PRICES GU



LEATHER PANO ROOF, NAV, R/CAM, LOADED! ONLY 13K



BEST PRICES GUARANTEED!!

LEATHER, PANO ROOF, R/CAM, ALLOYS, FOGS, LOADED, ONLY 10K!



ADV. SAFETY TECH GRP, NAV, R/CAM LTHR, PANO ROOF, ONLY 5000 KMS!

PRICES GUARANTEED!

6 FT 4 IN BOX, 5.7L V8, R/CAM, PARK

ASSIST, R/START, 20" CHROMES, 15K

116 CHRYSLER 300S V6

LEATHER, NAV, PANO ROOF, R/CAM, R/START, LOADED, ONLY 13K

2016 TOWN & COUNTRY PRICES GUARANTEED!!

DUAL DVD, LTHR, MOONROOF, NAV, R/CAM, R/START, LOADED! 20K

2016 RAM BIG HORN CREW HEMI 4X4 2015 JEEP GRAND CHEROKEE LTD 4X4 BEST PRICES GUARANTEED!!

3.6L V6, NAV, LEATHER, R/CAM, R/ START, 20" RIMS, ONLY 14K

2017 SONATA GLS

2.4L, ROOF, ALLOYS, SPOILER, R/CAM, HEATED SEATS & WHEEL, LOADED, 14K



2016 GRAND CARAVAN CREW PLUS

FEATURES: 3.6L V6 ENGINE, 7-PASSENGER, FULL STOW & GO SEATING, AUTOMATIC TRANSMISSION, POWER HEATED LEATHER POWER SLIDING REAR DOORS, POWER LIFT GATE, FACTORY BLUETOOTH, TRI-ZONE CLIMATE CONTROL, FACTORY REMO FM CD SIRIUS SATELLITE RADIO PREMIUM SOUND SYSTEM WITH STEERING WHEEL AUDIO CONTROLS, ALLOY WHEELS, FOG LIGHTS

ORIGINAL MSRP \$50,000

\$24,980 IS NOT SUPPOSED TO GET YOU THIS MUCH VAN!!!

\$179 BIWEEKLY/96 MONTHS

\$227 BIWEEKLY/72 MONTHS

\$199 BIWEEKLY/84 MONTHS

\$264 BIWEEKLY/60 MONTHS

BIWEEKLY PAYMENT EXAMPLES ARE \$0 DOWN, TAXES & FEES INCLUDED!!



CHRYSLER DODGE JEEP

Receive up to \$10,000 for your old clunker!

We GUARANTEE a minimum of \$1000 for your clunker with the purchase of any used vehicle when you finance with us.

44 BEDFORD HWY, Halifax P: 902-982-3989 • TF: 1 888-497-9121 www.steelechrysler.com



BAYERS LAKE, Halifax P: 902 -982-3915 • TF: 1 866-509-2995

www.halifaxchrysler.com

*Price is plus applicable tax & fees. **Plus taxes and applicable fees. See us for details.



Chris Cornell, lead singer for Soundgarden and Audioslave, found dead in Detroit.

Trans cartoonist 'overwhelmed'

LGBTQ

Sophie Labelle says support 'outstanding' after threats



Although Montreal-based trans cartoonist Sophie Labelle had to cancel a Wednesday night book launch in Halifax due to death threats and hate-filled messages, she says the outpouring of community support has overwhelmed her.

Labelle's newest comic book, 'Dating Tips for Trans and Queer Weirdos,' was released last week. The outspoken activist said an orchestrated online attack was launched against her last Saturday.

Her attackers posted her home address on several forums and forced her to take down her web page and social media accounts.

"They have a very clear eugenics agenda where they use Nazi imagery to promote their transphobic, homophobic and racist views," Labelle said in an interview in downtown Halifax on Thursday before her return to Montreal. "A lot of Islamaphobia is mixed with that, as one of the main characters from my comic is Muslim and Arab."

Labelle, a former school teacher, is well known for taking on transphobia and transmisogyny via her comic strip



Sophie Labelle with her new comic, Dating Tips for Trans and Queer Weirdos. NICK HUBLEY/FOR METRO

Assigned Male.

"What I want is to empower trans people, to make them laugh, to show them relatable content that they can identify with," she said of her comic strip and books.

When Labelle's plane landed at the Halifax airport Wednesday afternoon and she turned on her phone to see the deluge of hateful messages from people threatening to crash

the Halifax book launch, she knew the event would have to be cancelled.

"We didn't only cancel it. we deleted traces of it because Venus Envy (the host) was getting threats too," Labelle said.

"Personally I would have gone forward with the event because I don't believe the threats or those internet trolls would actually go out of their basements to face the sunlight

... But since trans people are a very vulnerable group in society, many people didn't feel safe going anymore and I would rather cancel the event than to have them be potentially traumatized."

Labelle said she wanted to assure Halifax fans and supporters that she'll return.

"I am pretty sure that the threats we got yesterday weren't from people in Hali-

fax. They were probably from people in the United States and in other countries," she said.

"The support that I've seen from the communities in Halifax has been outstanding. I'm really sad this event couldn't happen, but we're already planning to do something else later this summer."

Labelle planned to put all her social media accounts back online sometime on Friday. She



CONTRIBUTED



Don't worry Halifax. I don't hate you. I'll be back.

Sophie Labelle

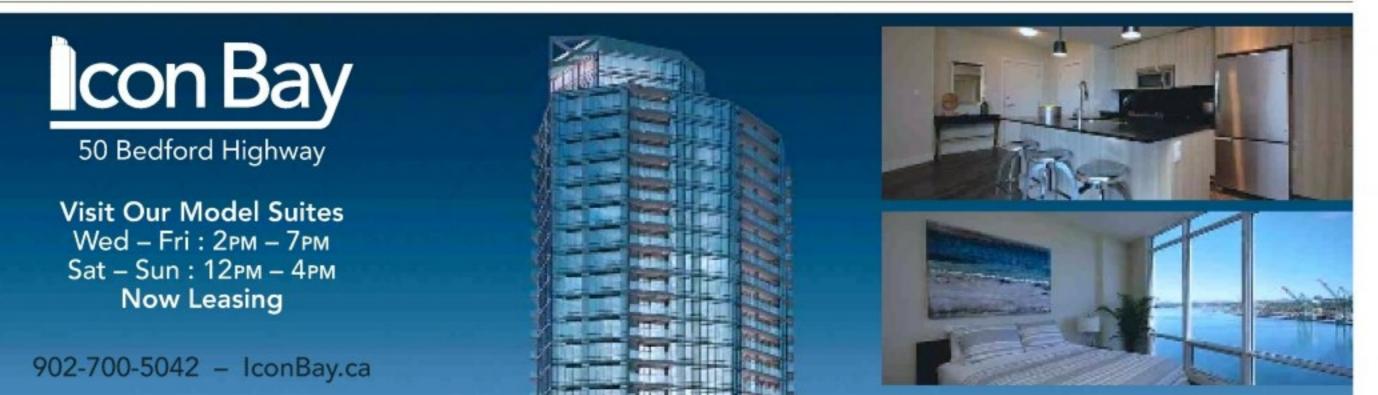
can be found at www.facebook. com/assignedmale.

"Don't worry Halifax. I don't hate you," she laughed. "I'll be back."

Marshall Haywood, owner of Venus Envy Halifax, said they were disappointed to have to cancel the event but were obligated to do so out of concern they could not guarantee the security of those who wanted to attend.

"Our staff have been working very hard since (Wednesday) to delete hateful or hurtful comments as they appear on our Facebook page and will continue to monitor it," Haywood said.

"On the brighter side, we've been happily overwhelmed by the hundreds of people who have posted positive reviews and messages of support."



Nova Scotia Wotes



Forum poll predicts high voter turnout

It appears Nova Scotia's eligible voters are ready to cast their ballots in "very large" numbers for the May 30 provincial election.

A poll of 1,057 Nova Scotians released by Forum Research on Thursday has 78 per cent stating they are "absolutely certain" they will be voting in the up-

coming election, barring some unforeseen emergency.

"There's no more certainly than that. In terms of the scales we use, that's almost 80 per cent saying that," Lorne Bozinoff, president and founder of Forum Research, said in an interview.

"That's very atypical, that 78 per cent number... Generalizing across the country, no question that's a high number."

Those most likely to say they YVETTE D'ENTREMONT/METRO

are "absolutely certain to vote" include those aged 35 to 44 (84 · per cent) or 45 to 54 (84 per cent). The 18 to 34 age bracket has the . least certainty, at 68 per cent.

"Even that is off the charts, so the intention is there. We'll see what it actually turns out to be, but this would be a very high turnout," he said.

Those supporting the Progressive Conservatives (85 per cent) or the NDP (85 per cent) are most likely to say they're "absolutely certain" to vote, as are the most wealthy (90 per cent) and those with a postgraduate degree (90 * per cent).

Almost half (45 per cent) of Jamie Baillie. THE CANADIAN PRESS forum poll respondents said the .







Nova Scotia's main political party leaders: Liberal Leader Stephen McNeil, left, NDP Leader Gary Burrill, centre, and Tory Leader

Current election campaign has made them more likely to vote. VETTE D'ENTREMONT/METRO LIBERTALS, TOTIES IN Statistical dead heat Statistical dead heat NDP viewed as best option on key issues

About 30 per

cent of voters

Liberals are still

the best party to

believe the

manage the

economy.

cent of eligible

voters say they

are absolutely certain they will

vote on May 30.

The Forum Research poll also asked respondents about issues they felt would be best represented by each party.

The poll showed 30 per cent believe the Liberals would be

best for the economy, statistically tied with the Progressive Conservatives at 29 per cent. The NDP was chosen by just 17 per cent, and 24 per cent said they were unsure.

The NDP was seen as the most environmentally friendly by 30 per cent of respond-

ents. In comparison, only 18 per cent felt the Liberals would be best for the environment, and 17 per cent threw their hats behind the Conservative party.

The NDP were seen as best for education by 31 per cent of . respondents. The Progressive : Conservatives were considered best for education by 25 per cent, and the Liberals by 23 per cent.

On which party

were unsure.

Nova Scotians consider health : erning Liberals and the oppos-

would be best for . health care, the NDP had the approval of . 28 per cent of respondents. The Progressive Conservatives were at 27 per cent, and 22 per cent say the Liberals would be

best for health care. With less than two weeks left Twenty-two per cent • before the May 30 provincial The Forum poll also showed . leased Thursday put the gov-

care the province's most press- ition Progressive Conservatives ing issue, YVETTE D'ENTREMONT/METRO : in a dead heat.

Conservatives gain support as premier's party loses ground



Yvette d'Entremont Metro | Halifax

election, polling numbers re-

The poll of 1,057 Nova Scotians by Forum Research shows among decided and leaning voters, the Liberals lead with 37 per cent, but are "statistically tied" with the Progressive Conservatives at 35 per cent. The NDP are supported by 25 per cent.

"I think it really isn't over until it's over these days. This will go right down to the wire, I'm pretty sure," Lorne Bozinoff, president and founder of Forum Research, said in an interview.

"It is a dead heat right now. With the NDP having a big chunk of the third party support, it can go any way.

"All of this has happened because the Liberals have lost

This is going to come down to those five per cent swing votes and how they react. Lorne Bozinoff

four points since our last poll and the Tories have gained five points."

Bozinoff said it will all come down to swing voters and whether the Liberals can get those four or five points lost since the last poll.

"If they can, they'll get that nine point spread back. So we're not talking about 95 per cent of the electorate changing their minds," he said.

"We're talking about five per cent changing their minds and going from intending Tory to intending Liberal and that's what this is going to come down to. This is going to come down to those five per cent swing voters and how they react."

The poll suggests 28 per cent approve of Premier Stephen McNeil, but more than six in 10 say they disapprove of his job as premier.

The poll was conducted on May 15-16, and is considered accurate within three percentage points, 19 times out of 20.







THE Boutique Real Estate Company Where you'll find what you're looking for!



New Construction. This stunning, custom built, 4 bdrm home overlooks the Arm and Dingle.

69 Hearthwood Crescent Boscobel on the Arm | \$1.299,900 Call Sandra



Stately character home filled with charm and natural light, next door to the Waegwoltic Club. Many updates.

6517 Coburg Road, Downtown Halifax | \$1,299,000 Call Sandra



The perfect family home! Gourmet kitchen, formal living room, 5-bdrm. Minutes to downtown.

65 Helmsman Crt, Royal Hemlocks Halifax | \$569,000 Call Sandra



Opportunity to rebuild on the Northwest Arm, Unbelievable views in a park-like setting.

9 Milton Drive, Northwest Arm Halifax | \$699,000 Call Sandra



Great opportunity! Live in the busy downtown area, with income, & zoned DH-1 for commercial business or residential.

5174 Bishop Street, South End Halifax | \$775,000 Call Sandra



modernized. 4 bdrm home plus a beautiful self-contained studio.

1548 Henry Street, South End Halifax | \$615,000 Call Sandra



Picture perfect two storey home has been completely updated. Backyard is your private landscaped oasis.

5503 Atlantic Street, South End Halifax | \$464,900 Call Sandra



Colonial style South End dream home, with ideal in-law suite perfect for large & extended family.

941 Ivanhoe Street, Downtown Halifax | \$1,475,000 Call Sandra



Like new! Stunning 5-bdrm designer home on a pristine landscaped lot with a golf course next door.

24 Glen Eagle Way, Downtown Halifax | \$925,000 Call Sandra



Income opportunity! Self contained, totally renovated flats! Great neighborhood with easy access to to all amenities.

3463 Agricola Street, North End Halifax | \$539,000 Call Sandra



Southport Condos, CITY CHIC MADE SEXY! Top floor, 2-bdrm unit with panoramic ocean views!

1065 Barrington St. 609, Downtown Halifax | \$499,000 Call Sandra



Charter House, modern and renovated, 2 bdrm corner suite, open concept with stunning views.

1465 Brenton St. 1401, Downtown Halifax | \$449,000 Call Sandra



Beautiful renovated home on large lot surrounded by trees & gardens. Detached wired garage for home office.

8 Redwood Ave, Fleming Heights Halifax | \$510,000 Call Sandra



The Fairmount, 2 bdrm + den. Live in the city with a golf course right next door.

11 Springvale Ave, 312, Fairmount Halifax | \$434,900 Call Sandra



Excellent value on the peninsula! This cozy 1.5 storey home has had many updates.

2743 Swaine Street, West End Halifax | \$374,900 Call Sandra



Outstanding views of Hfx Harbour. Beautiful 2-storey, 4800 sqft of country living minutes to Downtown.

47 & 49 Battery Drive Halifax | \$1,275,000 Call Sandra



Spectacular modern design home on a natural park-like setting. Spacious layout perfect for entertaining.

33 Eaglewood Drive Bedford | \$579,900 Call Sandra



The perfect family home. Stately brick, 5-bdrm, huge Basin views, two minutes to schools.

227 Basinview Drive Bedford | \$399,000 Call Sandra

Visit us online at bryantrealty.ca



Beautiful, 2-bdrm, open design, top floor condo overlooking the Bedford Basin, filled with sunshine.

50 Nelsons Landing Blvd, 509 Bedford | \$319,800 Call Sandra



Cozy 3-bdrm family bungalow on an extra large lot close to parks and playgrounds.

17 Sprucewood Avenue Timberlea | \$279,900 Call Sandra











Sandra Bryant 902-830-4545



902-877-7250

Ethan Michaels

902-877-0151

Jan Malone

902-471-0037

Paul MacNutt

902-880-7058



Peter Cody-Cox

902-209-5515



902-880-5555

Brehannah Hopgood



902-448-8809

David Bleakney Angie Bryant

902-471-0497



Carole Pelletier 902-877-8765



Ruth Daniels 902-229-1601

Premier shows poise under pressure

LEADERS DEBATE

Party leaders clash sabres over the issues

Liberal Premier Stephen McNeil fended off multiple attacks on his record Thursday as Nova Scotia's major-party leaders clashed over health care, education and the economy during the first televised leaders debate of the campaign.

During the 90-minute backand-forth, Progressive Conservative Leader Jamie Baillie and NDP Leader Gary Burrill targeted McNeil's broken promises on doctors and the film tax credit.

But McNeil brushed off the

barrage with confidence, a calm demeanour and an ability to hold the floor. He pointed to his achievements while in office.

"Let's not turn back now." he said, looking into the cameras during his closing remarks. "We are in a time where we can make strategic investments and continue to build what we've accomplished."

Still, his opponents pointed to what they painted as his pennypinching, top-down style with teachers and other public-sector unions while in government.

Both Baillie and Burrill wove into the debate their disapproval over McNeil's handling of issues while in power, especially on health care. Baillie questioned McNeil's 2013 promise that every

Nova Scotian would have access to a family doctor.

"You promised them a doctor," Baillie told McNeil, who cited a number of other promises he'd been able to keep.

Baillie said one of the hardest calls he'd had to make was to Kim D'Arcy, whose husband, Jack Webb, died Feb. 1 after he had languished for six hours in a chilly emergency-room hallway and was bumped from his room by another dying patient during five days of struggles in Halifax's largest hospital.

"We need more doctors. We need them urgently," Baillie said. Burrill asked McNeil if he

would admit the province has a health care crisis.

"Do I believe there's a crisis?

No," McNeil said. "Are there challenges? Of course there are."

McNeil defended his record, saying the province's health system has improved during his term, and his government has taken measures to train and bring more doctors to Nova Scotia. His government reduced administrative costs by merging health authorities, he said.

He also defended attacks on his labour relations record, arguing he has to represent all taxpayers at the negotiating table.

"Being premier you need to strike a balance," McNeil said. The debate featured no obvious knockout blows, however, and a calm McNeil later told reporters he felt he did what he needed to do. THE CANADIAN PRESS



Gary Burrill, Jamie Baillie and Stephen McNeil debated in Halifax on Thursday night. THE CANADIAN PRESS

WASTE COLLECTION NOTICE GARBAGE/ORGANICS/RECYCLABLES

Victoria Day

Please be advised there will be no garbage, organics or recyclables collection services on Monday, Victoria Day May 22, 2017. Collection services for that day will be provided the preceding Saturday, May 20, 2017.

Collection services can begin as early as 7 a.m. To ensure collection please place materials curbside the evening prior to collection day.



Download our Halifax Recycles app to search what goes where and receive weekly notifications.

No Collection Victoria Day Monday, May 22	Saturday, May 20
Otter Lake Facility Closed Monday, May 22	Otter Lake Facility Open Saturday, May 20 7 a.m. — 7 p.m.
Municipal Recycling Plant Closed Monday, May 22	Municipal Recycling Plant Open Saturday, May 20 7:30 a.m. — 6 p.m.
Household Special Waste Depot Closed Saturday, May 20	Household Special Waste Depot Open Saturday, May 27, June 3, 10, 17, 24 9 a.m. — 4 p.m.

HALIFAX

HALIFAX.CA/RECYCLE



Turn organic waste into food for your garden!

Backyard Composter Sale

Saturday, May 27 **Bedford Place Mall** 1658 Bedford Highway, Bedford

9 a.m. until 3 p.m. - Rain or Shine

\$25 each (tax included) Maximum two per household.

Payment by VISA, Mastercard, debit or cash.



A police photo of a blue Adidas bag and three garbage bags in an ice cream truck at William Sandeson's family's farm property in Truro. Along with a pair of gloves, these items were the only ones of significance found during a six-day search of the area. ZANE WOODFORD/METRO

Jury told of evidence found at family farm

SANDESON TRIAL

Gloves, Adidas bag, garbage sacks found, court hears



The jury in William Sandeson's first-degree murder trial heard testimony on Thursday from ground search and rescue volunteers and police who searched the Sandeson farm property.

Sandeson, 24, is accused of killing fellow Dalhousie University student Taylor Samson, 22, on Aug. 15, 2015.

On Aug. 25, 2015, Nova Scotia Ground Search and Rescue teams started a search of Sandeson's parents' property in Truro under the direction of RCMP and Halifax Regional Police, which lasted six days.

Ground search and rescue volunteers Wayne Burns and Larry Corbin testified in court on Thursday. They were told to look for anything out of the ordinary on the farm, they said, and Corbin said they were told they "could possibly find human remains."

They didn't find Samson's remains on the farm, and his remains still haven't been found.

But that search did turn up evidence. In an old ice cream truck on the property, the ground search and rescue team Burns was leading found a blue Adidas bag and three garbage bags on Aug. 27.

Burns said he never entered the truck, only looked in the door, and alerted police to what he'd found.

Corbin made the other significant find on the farm: a pair of gloves near the ice cream truck earlier on Aug. 27. He testified the gloves were suspended on some sticks about six inches off the ground, and he never touched them, just marked the area and alerted police.

RCMP Cpl. Shawn Reynolds was the officer in charge of the search. He was called to both those finds, and then alerted Halifax Regional Police Det. Const. Jonathan Jefferies, who also testified on Thursday.

A civilian Halifax Regional Police member, David Webber, testified Thursday as well. He viewed and downloaded the video from Sandeson's surveillance system, which shows Samson walking down the hallway to Sandeson's apartment with a large black duffel bag the night of Aug. 15, 2015.



The trial is expected to resume Tuesday morning at 9:30 a.m.



Sackville man injured after motorcycle hits tree

A man was taken to hospital with serious injuries after the motorcycle he was driving left the road and hit a tree.

Halifax RCMP say the accident happened in the 900 block area of Waverley Road around 5:30 p.m. Wednesday.

A 20-year-old man from Lower Sackville was driving the motorcycle, when police believe he lost control, left the road and hit a tree. He remains at the QEII hospital in Halifax. METRO

Man arrested after group robs two people of liquor

A 33-year-old man is in custody after police say a group of people robbed two men of their liquor.

Halifax Regional Police said two men were walking along Queen Street after visiting the nearby NSLC on Wednesday around 9 p.m., when they were approached by five men and a woman.

The men were ordered to hand over the liquor, and when they declined, they were threatened with violence. After the group left, police were called and got a detailed description of one of the men.

A member from the Central Quick Response Unit saw a man matching the description walking along South Park Street, and arrested him, METRO

Halifax Water

SPRING HYDRANT FLUSHING AND DISTRIBUTION MAIN PROGRAM

Halifax Water advises our customers that fire hydrant flushing of water mains will continue until end of May 2017. This activity will occur in all areas of the Halifax Regional Municipality served by Halifax Water.

This work will take place between 10 pm and 6 am, Sunday to Friday, until completion. Hydrant flushing activities are carried out during overnight hours to cause the least amount of inconvenience to our customers.

Discoloured water and pressure fluctuations may occur during the flushing program. If discolouration of water occurs, it will not pose a health risk and should disappear shortly. Customers are advised to visually check the water before use during the flushing timeframe.

Halifax Water is working to ensure that your water system is ready for peak summertime use. The hydrant and distribution system flushing program provides a spring cleaning and full exercise of the entire distribution system.

For additional information, contact our Water Services Department at 902-420-9287.

Reid Campbell, P. Eng. Director of Water Services

NOW HIRING



We are hiring top earning
Business Consultants,
Outbound Sales
Earn \$50,000 Plus!

You Say It. We Build It.
It's as easy as Web.com

Lucrative Commissions and Bonus, Medical, Dental, Vision, RRSP Match, Stock Options, Tuition Reimbursement, Paid Training, Google Certification

APPLY TODAY

Email your resume to hireme@register.com
Training begins May 29, 2017!

8 Weekend, May 19-22, 2017 Halifax Metr® NEWS

Creating jobs through beauty

Investment in transforming city could yield hefty rewards



Tristan Cleveland For Metro | Halifax

Politicians love to talk about creating jobs, but what actually works? We should make Nova Scotian communities so amazing, anyone would love the chance to live and do business there.

Consider Lisbon, Portugal. In 2011, they were in full financial crisis and many of their young people moved away to find jobs. Just a few years later, it has become one of the top European cities for startups. Nearly two-thirds of the youth who left moved back, bringing skills from around the world.

What worked? They made it crazy easy to start a business. Life is affordable. The arts scene is strong. And the city is a wonderful place to live. These are things we can make work in Nova Scotia.

It's tempting for politicians to create jobs by, in effect, bribing companies with tax breaks, cheap money, and unfettered access to our land and water. But while that may look like progress, in most cases it doesn't improve our economic future anymore than paying people to be your friend makes you popular.



Tristan Cleveland says money should be going into small communities to make their main streets as attractive as downtown Halifax. DARREN CALABRESE/THE CANADIAN PRESS

A friend who works in forestry recently quipped, "The Nova Scotian government always thinks we're just one mega-project away from success."

Investing in communities, in contrast, creates a long-term improvement in what we offer to all business. Picture the most amazing place you have ever been to. Now, picture the most depressing. OK, how much

would you pay to get to live in the best? How much would someone have to pay you to live in the worst?

The answers to those questions have a direct financial impact on companies. Quality of life is, in effect, a free benefits package they can offer employees. The better our quality of life, the better companies know they can attract the employees they need.

Here's how we make progress. First, the government should never put any new institution — school, hospital, whatever — anywhere but inside existing communities, where they can bring life to the street and support local business. Policy guidelines to accomplish that have been under work for years and need to be made a priority.

Second, a major portion

of the hundreds of millions of dollars we're planning to spend on highways should go instead to building the world's best parks and main streets in towns across the province. A \$10 million investment in a run-down main street in West Palm Beach, Florida led to \$350 million in new private investment because the fact is, people spend money in places where they like to be.

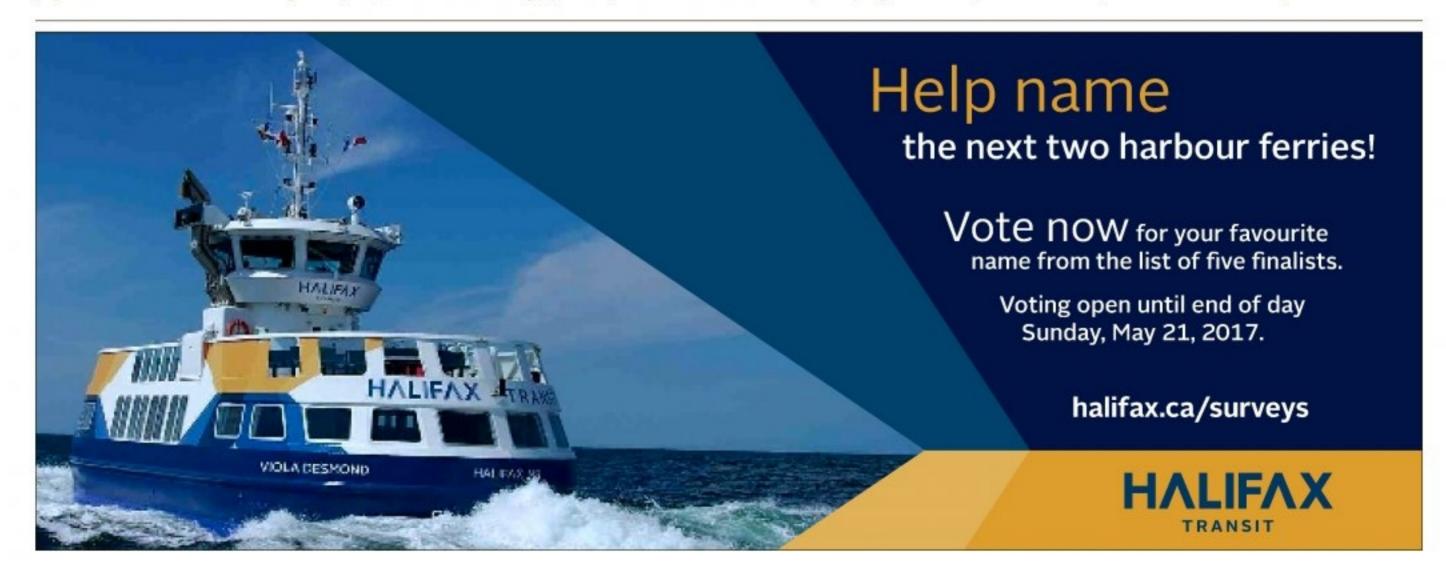
3

A \$10 million investment in a rundown main street in West Palm Beach, Florida led to \$350 million in new private investment because the fact is, people spend money in places where they like to be.

Third, we should make good main streets legal. It is insane that provincial road standards require that the centre of Hubbards and Musquodoboit Harbour be designed like small highways, when they should prioritize the people who live, work and shop there.

For rural Nova Scotia to prosper, we must recognize that increasing numbers of millennials and the elderly are looking for homes where friends, a café or a clinic are just a short walk away. We can build a province that supports local business and that great lifestyle. Otherwise, all those people must either move to Halifax or other provinces.

If we don't have places people want to live in Nova Scotia, we have no economic future. Our political parties hardly mention main streets, yet they are the key to a stronger future.



BIG SPRING INVENTORY CLEAROUT

THERE'S NEVER BEEN A BETTER TIME TO GET INTO A NEW RIDE!

FINANCING MONTHS

UP TO

IN TOTAL DISCOUNTS



2017 DODGE GRAND CARAVAN CANADA VALUE PACKAGE

CANADA'S BEST-SELLING MINIVAN FOR MORE THAN 33 YEARS



FINANCING'

AND



2017 DODGE JOURNEY CANADA VALUE PACKAGE THE MOST VERSATILE CROSSOVER IN ITS CLASS

STEP UP TO THE **2017 ULTIMATE FAMILY PACKAGE** IN TOTAL DISCOUNTS

FINANCING MONTHS

2017 PACIFICA TOURING - L - NORTH AMERICAN UTILITY VEHICLE OF THE YEAR



CHOOSE THE PACIFICA HYBRID AND



- Most technologically advanced minivan ever
- . Total driving range up to 911 km³ Fueling efficiency rating of 2.6L, / 100 km city | 109 MPG.*

REBUILDING YOUR CREDIT? SPECIAL RATES AS LOW AS 4.99% OAC









Support for reducing speed limits

Lowering speed limits in residential neighbourhoods is an idea Halifax residents agree with.

A recent survey conducted by Corporate Research Associates suggests the majority of residents agree with Halifax Regional Council's decision to ask the

provincial government to lower in 10 oppose a reduction, while speed limits in residential neighbourhoods from 50 km/h to 40 km/h. Corporate Research Associates said the survey shows six in 10 Halifax Census Metropolitan Area residents support reducing limits to 40 km/h. However, four

two per cent neither support or oppose, and one per cent don't know or don't offer an opinion.

The results are part of the CRA Urban Report, an independent telephone survey of 400 residents. METRO



The Air Canada plane skidded off a runway as it landed in March 2015 during a snowstorm in Halifax. TRANSPORTATION SAFETY BOARD CANADA/THE CANADIAN PRESS

Visibility, lighting factors in crash

Transportation Safety Board probe into 2015 event released

Federal investigators say approach procedures, poor visibility and lighting issues led to the 2015 crash landing of an Air Canada jet that skidded along a Halifax runway and injured 25 people on board.

The Transportation Safety Board report says the crew aboard Flight 624 had set the autopilot at the correct angle of descent during a March 29, 2015, blizzard, but they did not notice wind had pushed the plane off its flight path.

The report says the crew requested that runway lights at

Halifax Stanfield International Airport be adjusted to their maximum setting, but the tower controller was "preoccupied" with snowplows on the runway and nearby aircraft on the taxiway.

"When the aircraft reached the minimum descent altitude for the approach, the flight crew saw some lights, which they interpreted as sufficient visual cues to continue the approach below the minimum descent altitude, expecting the lights to become more visible as they got closer to the airport," the TSB says.

The flight crew was slow in recognizing the plane was too low because of "plan continua-tion bias." Air Canada procedures did not require the flight crew to monitor the aircraft's altitude and distance to the runway, the TSB says.

"It was only in the last few seconds of the flight, after the

pilots disengaged the autopilot to land manually, that they then realized that the aircraft was too low and too far back. Although they initiated a go-around immediately, the aircraft struck terrain short of the runway,"

The plane bounced into the air and crashed near the runway threshold before careening along the tarmac. An engine and the plane's landing gear were ripped from the airframe amid a shower of sparks and leaking fuel. The plane was "destroyed," the TSB says.

"Because no emergency was expected, the passengers and cabin crew were not in a brace position at the time of the initial impact," the report says. "Most of the injuries sustained by the passengers were consistent with not adopting a brace position." THE CANADIAN PRESS



Valid at corporate NSLC stores throughout Nova-Scotia from May 15-21, 2017. Product selection by store may vary. Prices and offers subject to change without notice. While quantities last. 🕬 Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. and Nova Scotia Liquor Corporation

HALIFAX

Making Transit Better — Route 370 Porters Lake

Effective May 29, 2017

New Stops: Route 370 will provide two additional stops in each direction:

Halifax Bound

· Main St. after Cherry Brook Rd.

· Main St. before Major St.

Porters Lake Bound

· Main St. after Gordon Ave.

Main St. before Cherry Brook Rd.

Pilot Project: The Route 370 will also make a Halifax bound and Porters Lake bound stop at the Micmac Terminal, as part of a six-month pilot project ending November 27, 2017.



How fast is the Bell network in Halifax?

It's not just part of the fastest ranked* network in Canada', it's also faster than the networks in Paris, London, Rome, Geneva, New York, Hong Kong, Dubai, Athens, Munich, Milan, Melbourne, Vienna, Istanbul, Los Angeles, Dublin, Berlin...²



*bell.ca/pcmag2016



Halifax | metr@NEWS **12** | Weekend, May 19-22, 2017

Lection DIGEST

Liberals promise more access to specialists

The party's candidate for Sydney-Whitney Pier says a Liberal government would invest in recruiting and retaining specialists to reduce surgical wait times.

Derek Mombourquette says the Liberals will invest \$13.5 million over three years to expand the specialist residency program. He says the Liberals

THE CANADIAN PRESS NDP candidate: Libs offer nothing for Cape Breton

would also add 15 new

positions to Dalhousie

Medical School, with

five positions located

in Cape Breton.

Sydney-Whitney Pier candidate Madonna Doucette says the Liberal platform fails to invest in what matters most to families, seniors and children in Cape Breton.

She says many people in the area don't have a family doctor due to a lack of spending on primary health care.

Doucette says an NDP government would invest at least \$17 million in the doctor shortage in Cape Breton. THE CANADIAN PRESS

PCs call on Liberals, NDP to explain carbon tax plans

The Tories say a capand-trade system would burden Nova Scotia families and businesses by making the price of everything from gasoline to home heating fuel more expensive.

They say voters should know the plan of each party before heading to the polls on May 30.

The Tories say they would not impose a carbon tax in any form on the province. THE CANADIAN PRESS

things to do in Halifax this long weekend

The Blue Nose Marathon, a theatre festival, Poor Bunny Fundraiser, Hello City! improv, and Leg Up on Homelessness metal show are all on the go. cody MCEACHERN METRO



Blue Nose Marathon

Strap on your running shoes, because the fourteenth Blue Nose Marathon will have you running for the long weekend. Starting off with the Running Room 3K Friendship run Friday evening, the marathon has events and runs scheduled throughout the weekend. The most popular event, the Doctors NS Youth run, will start at 11 a.m. on Saturday with registration at 8 a.m. To finish off a weekend of running, there will be an after party at Garrison Brewing Co. from 7-11 p.m. Sunday. A schedule of all the events can be found at the marathon's website, bluenosemarathon.com.

Stages Theatre Festival

For those with a taste for the art of theatre, the Stages Theatre Festival is in full swing, and performances and workshops are scheduled throughout the long weekend. Kicking off Monday evening, the festival presents shows at different stages of development ranging from workshops and previews to full on productions. The events are scattered throughout Halifax, and a full list of events and a map can be found at easternfronttheatre. com. The festival runs until May 27, so be sure to check out the schedule!

Poor Bunny Fundraiser

Looking for something a little different this weekend? The Poor Bunny Fundraiser show is going to turn the Bus Stop Theatre into a circus through live music and performance art. To raise money for the upcoming White Rabbit Festival, a rural Nova Scotia celebration of visual arts and creativity, a fundraising show is being held Saturday night, including performances from DJ Fadzwa, Lazeez, The Folk & Country Line and Helen & Lucy. Entrance is \$12 or a piece of art, and the show starts at 9 p.m. It's sure to be a night full of weird fun.

Hello City!

Need a good chuckle this long weekend? Then the Hello City! improv show may be the right event for you. Comprised of two acts, the show will kick off with an improvact inspired by local stories from community members about life in the city and the happenings around them. Act two will see two teams go head to head in a selection of short form improv games, with only one team reigning supreme. The show will kick off at 8 p.m. Sunday at the Bus Stop Theatre, and tickets are \$10.

Get a Leg Up on Homelessness

For the hard rockers who want to give back, the Get a Leg Up on Homelessness will help you mosh it out for a good cause. Raising money for the Phoenix Youth Programs, the show will see some of the heaviest local bands come together under one roof for a night of hard guitar riffs and loud screaming to help spread awareness of the homeless. The show will feature ECMA winners Orchid's Curse and Dumpster Mummy, as well as a variety of other heavy metal bands. Taking place at Gus' Pub & Grill, the show will kick off at 9 p.m. Sunday and entrance is \$7.

MAY IS BETTER HEARING MONTH!



HEARING FOR EVERYONE STARTING AT \$895.00*

----- Join us for this special pricing for Better Hearing Month -----

This limited special is available at ALL 6 Provincial Hearing locations!

YOU'LL RECEIVE:

- Get a FREE, no-obligation hearing evaluation
- Meet our dedicated hearing professionals
- Get all your hearing questions answered

BENEFITS OF BETTER HEARING ARE:

- IMPROVED earning power
- IMPROVED interpersonal relationships
- IMPROVED emotional stability
- IMPROVED sense of control over life events
- IMPROVED physical health

This Better Hearing Month, resolve yourself to improve your hearing life - and watch your quality of life improve as well.



Provincial Hearing

TAKE ACTION BEFORE THE BUSY SUMMER **SEASON BEGINS, CALL TODAY!**

Dartmouth 1.877.390.3888 Halifax 1.877.390.3888 Hammonds Plains 1.877.390.3888

Bridgewater 1.888.323.4111 Kentville 1.877.257.5525 Truro 1.888.897.1147

President, HFM

www.provincialhearing.ca



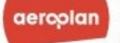
COLE CROUSE, BC-HIS

*Conditions apply.



Finance from 0%** for 48 months + finance incentives up to \$1,500





Earn Aeroplan Miles with Toyota

When you test-drive a new Toyota, you'll earn 250 AEROPLAN MILES* When you purchase a new Toyota vehicle, you'll earn 5,000 AEROPLAN MILES* When you service your Toyota vehicle, earn 1 AEROPLAN MILE FOR EVERY \$2 YOU SPEND*



Green space in front of the Dartmouth North Public Library will allow people to read books and relax outside. NICK HUBLEY/FOR METRO

When you're working,

we're working.

Business support all day, every day.



The Official Partner of Big Dreams

easier by providing advice and 24/7 dedicated support. Process transactions smoothly so you can spend more time focusing on your business. Let TD Merchant Solutions work for you.

Visit tdmerchantsolutions.com/mh or call 1-844-602-6931 to learn more



The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

Library rethinking use of space

NEW IDEAS

Plans include movie nights, outdoor book borrowing



A local library will rewrite the way people read and borrow books by bringing the community and nature together with a new green

The Halifax Public Libraries (HPL) announced their plans to create a public green space for the Dartmouth North Public Library on Wednesday during a public showand-tell event.

The green space, which will be attached to the front of the library, will create a space for people to relax outside, read books and access other library services, said Asa Kachan, CEO of the Halifax Public Libraries.

"Its an idea we've given thought to for a while now," she said Thursday.

"We have free WiFi, and have noticed for a few years people would sit on the grass outside the building to try and pick up the free WiFi. It got us thinking about how we could create a space outside to engage the community and draw them in."

The planned space was pitched to TD Canada, who gifted the HPL with \$500,000 to create the space in an efgreen spaces across Canada.

"So many varied activ-

ities take place in the public library," said Kachan.

"The idea was to take all that rich diversity, and for as many seasons as possible, find a way to make that happen in the fresh air through beautiful green spaces."

The rejuvenation of the library's green space will cost \$1 million, and is currently in the planning process, with construction set to begin this summer.



Dartmouth North Public Library branch supervisor Crystal Mulder

NICK HUBLEY/FOR METRO

The library is asking the community what they would like to see the space become, said Crystal Mulder, branch supervisor for the Dartmouth North Public Library.

"Because we are still in the concept stage, the space's outcome is still wide open," she said.

"What we will create will be based off what the community tells us to do. Whatever they say they want, we will make it work for us."

Current plans for the space will include a naturalized playground for kids, an outdoor library which will be ac-cessible from both inside and outside, and outdoor spaces for movie nights, picnics and other library activities.

"It's an exciting opportunity to expand the program-

What we will

create will be

based off what the

to do.

Åsa Kachan



"It's also an opportunity for the community to have access to stuff fort to support community tells us like our WiFi after hours. and also to have a place to come relax and

enjoy nature to all its glory."

The HPL are also planning to extend library hours, giving people later access to their services.

"There will be some more hours of opening coming," said Kachan.

"We know we have great resources and great spaces, and we want to make sure we are doing our best to make those available and open to the community."

TD Merchant Solutions makes doing business



Plus on select units

Dealer

Price

Your Brand New Accents

Save \$5300°

Brand New Elantras

\$12,990 0% Available

The All-New 2017 Accent SE



ADDED BONUS:

- Sunroof
- Alloy Wheels
- Fog Lights

YOUR CHOICE



The All-New 2017 ELANTRA LE



ADDED BONUS:

8 YEAR WARRANTY

Save up to \$5700** 2017 Santa Fe's



Includes: \$750 Gas Card[~]

Payments from:

With

Down

FREIGHT & FEES INCLUDED

Weeklyo

Save up to \$2700** 2017 Tucson AWD



Includes: \$500 Gas Card**

48 Month Lease Payments from:

FREIGHT & FEES INCLUDED

HURRY IN!! IN STOCK MODELS ONLY, WHILE SUPPLIES LAST!

3625 Kempt Road Halifax, Nova Scotia Local: 902.982.3980 www.steelehyundai.com

'Figs applicable taxes, in stock models only, while supplies last. 'Plus freight, applicable taxes & fees, Finance only, ** Tex included savings, *** In stock, All Wheel Drive models only, See dealer for details.

VICTORIA DAY

What's open, what's closed this weekend



This Monday is Victoria Day, and as with any statutory holiday there are sure to be some questions regarding what is open and what's closed around the city.

NSLC stores are open Monday during regular hours across Halifax. Grocery stores

are also open their regular hours.

The majority of HRM municipality offices are closed for the day, as are the five customer contact centres. The 311 contact centre, however,

Transit will be running on holiday service hours Monday, so be sure to check out the times for individual bus and ferry routes on the Halifax Transit site.

Most HRM recreation facilities will be closed for the day. Be sure to call your local centre if you plan to drop in.

Solid waste collection for Monday will take place this Saturday, May 20.

Most banking branches will be closed Monday. Those looking to do any banking should call ahead to check for hours of operation.

The Halifax Shopping Centre will be open on holiday METRO NEWS

There will also be no printed publication of Metro Halifax for Monday. Our next edition comes out Tuesday.

hours from 9 a.m. to 5 p.m. The Mic Mac Mall is open on holiday hours from 9:30 a.m. to 5 p.m.



A Dalhousie University study led by Sylvain Charlebois says many Canadians are not leaving their workspaces to eat meals, partly because of mounting pressures and shifting attitudes towards meals, METRO FILE

No time to step away for lunch

Study says 40% of Canadians don't take a proper break

Almost 40 per cent of Canadians are eating lunch at their desks - a number that reflects increasing workplace pressures as well as shifting attitudes toward meals, says the lead author of a new study gauging the country's eating habits.

The survey, which was conducted by Nova Scotia's Dal-

housie University, found that 39 per cent of respondents ate at their desks, compared with 37 per cent who ate lunch at home. The remaining 24 per cent had lunch in a cafeteria or in a kitchen-type room.

"It really speaks to how pressured workers are," said lead author Sylvain

Charlebois, a professor in food distribution and policy at Dalhousie.

"To take the time to go eat any meal at work is slowly becoming a luxury."

Charlebois and his team found that 72 per cent of respondents packed their own

work lunches, while 24 per cent either bought their lunches to eat outside or ate at res-

People in Atlantic Canada eat lunch at their desks most often, at almost 50 per cent, the study suggested. They're also much more likely to eat alone, with 68 per cent reporting doing so.

Charlebois said the discrepancy in Atlantic Canada remains "a mystery," although he cited an older population and longer distances to travel as possible factors.

The survey also indicated women were three times more likely than men to skip

breakfast, and Canadians are increasingly turning to ready-made meals or eating out at restaurants for dinner.

Taken together, Charlebois says the results of the study show what he calls "a complete disintegration of our meal habits" and the abandonment

of the traditional three-mealsa-day structure around which most days were scheduled.

The study surveyed 1,019 Canadian adults this past March and April and has a margin of error of 3.1 percentage points, 19 times out of 20.

THE CANADIAN PRESS

The survey found almost 50

Atlantic Canada

per cent of

workersin

eat lunch at

their desks.







ALL-IN PAYMENTS



5-Star Safety Ratings

HALIFAX DARTMOUTH The Power to Surprise

STREAMING | SIRIUSXM SATELLITE RADIO | VEHICLE STABILITY

MANAGEMENT | PWR WINDOWS | LOCKS | HEATED MIRRORS

HALIFAX | 3330 KEMPT ROAD | 902-453-3477 DARTMOUTH | 402 WINDMILL ROAD | 902-466-9550 OREGANSKIA.COM

*Price is plus taxes and fees. **Lease for 60 months or finance for 84 months. All-In Payment includes freight and fees, plus taxes. See dealer for details.

LIMITED QUANTITIES AVAILABLE

CANADIANS LIVING WITH CROHN'S OR COLITIS **NEED MORE OPTIONS**

DESPITE ADVANCES IN INFLAMMATORY BOWEL DISEASE RESEARCH, TREATMENTS FOR PATIENTS REMAIN LIMITED

Sandra Zelinsky has spent the last 24 years trying to stay at least one step ahead of inflammatory bowel disease (IBD). In that time, she's been on several medications, undergone several surgeries, and rode the ups and downs of living with a chronic disease that has a way of throwing new problems at you.

"A few of the medications have worked amazingly but most of them were unsuccessful. My disease state constantly evolves, and as it changes, so do my medical needs," says Zelinsky.

Crohn's disease and ulcerative

inflammatory bowel disease, cause the body to attack itself, leading to inflammation of the gastrointestinal tract. Because of that inflammation, people with IBD are left to face abdominal pain, cramps, bloating, fatigue, frequent and urgent bowel movements, internal bleeding, and unintended weight loss.

"In spite of the symptoms, people with IBD often look 'normal' on the outside," says Mina Mawani, President and CEO of Crohn's and Colitis Canada. "Canada in particular has some of the highest rates of inflammatory bowel disease in the world, and colitis, the two main forms of approximately 250,000 people

across the country are living with Crohn's or colitis. You may know someone with the disease and not even know it."

There is no cure for Crohn's or colitis, but treatments can put the disease into remission, and patients can experience a reduction in their symptoms.

"Being in remission means we can live active, productive lives, and we can stay out of emergency rooms and avoid further surgeries," says Zelinsky, who now works as a patient engagement researcher, and who advocates for patientcentred care.

"Every case of IBD is unique, and each patient responds differently to different courses of treatment. To achieve remission, a patient may have to try multiple treatments before finding one that works for him or her. Each unsuccessful attempt means there's one less option available from an already limited number of treatments. and a treatment that works well for someone today could stop working tomorrow," says Mawani.

Having more and new options to choose from is integral to maintaining hope for continued remission. This is vital for people living with chronic diseases such as Crohn's and colitis.

ISN'T EASY TO SEE. #WorldIBDDay



Clock ticking on NAFTA negotiations

Talks to start as soon as possible, officials say

Canada says it's ready to talk now that U.S. President Donald Trump has formally launched the process to renegotiate the North American Free Trade Agreement.

Foreign Affairs Minister Chrystia Freeland said Thursday that Ottawa has already decided that updating the environment and labour sections of the trade pact will be two areas of focus going into the negotiations.

"I'm not going to lay all my

think Canadians would like us to do that," Freeland said.

She noted that in letters to Congress to trigger the process for renegotiation, U.S. Trade Representative Robert Lighthizer also flagged those two areas, among others.

Lighthizer's notice to Congress Thursday set the clock ticking on the start of negotiations, saying they would begin as soon as possible but no later than 90 days.

In the letter, Lighthizer who gave Canada advance notice of the move, according to Freeland — said that elements of the 25-year-old deal are "outdated" and "do not reflect modern standards."

Lighthizer's letter set out some

cards on the table now. I don't elements of the trade deal that the U.S. would like to see modernized, including intellectual property rights and regulatory practices.

Freeland said that Ottawa has a similar view and she tried to paint the renegotiation of the sweeping trade agreement as "routine."

The foreign affairs minister said the formal triggering of NAFTA talks has "long been anticipated" and said the federal government has already started to consult with Canadian stakeholders about Ottawa's priorities going into the talks.

Freeland declined to speculate about Washington's ambition to complete negotiations by the end of the year, saying any talk

of timelines was "premature."

"What I will say is we are ready to roll up our sleeves - we have been from day one - and we will work hard and seriously on updating this essential agreement. At the end of the day, our objective is going to be to negotiate a great deal for Canadians, and I'm very confident we can do that," she said.

Lighthizer said that the United States seeks to support higherpaying jobs in the United States and to grow the U.S. economy by improving U.S. opportunities under NAFTA. And he said that "aggressive enforcement of the commitments made by our trading partners" was vital and needed to be improved.

TORSTAR NEWS SERVICE



Minister of Foreign Affairs Chrystia Freeland talks to reporters about NAFTA outside the House of Commons on Thursday. THE CANADIAN PRESS

Career

Fair

Now Hiring Motivated Individuals

Friday, May 19th 11am - 2pm

SILVERBIRCH CONFERENCE CENTER #7 1960 BRUNSWICK STREET, HALIFAX





VOLKSWAGEN

FULL TIME POSITIONS:

Guest Services Supervisor Seasonal Guest Service Agent Room Attendants Overnight Laundry Attendant Maintenance Person Night Houseperson



MANITOBA

Frostbitten asylum seeker who lost fingers given refugee status

Five months after nearly freezing to death on a treacherous walk across the Canada-U.S. border, and still learning to get along without the 10 fingers and thumbs he lost to frostbite, Seidu Mohammed is happy.

He gets to stay in Canada. The Immigration and Refugee Board has granted Moham-

med refugee status on the basis that the 24-year-old bisexual professional soccer player from Ghana would face persecution if returned to his home country.

"I feel so happy. I feel now that this country is my home to Ecuador then made his way

now," he said Thursday, sitting at the kitchen table in his home. With a bit of effort, he opened a binder and produced the written decision from the Immigration and Refugee Board.

"I want to do anything possible to contribute to this country because this country has done a lot to me that I didn't expect. Ever since I came here, I've seen a lot of good people who give me courage and also support me."

Mohammed fled Ghana to the U.S. in 2015. He first flew

through Central America and to the U.S., where he spent months in a detention centre. He sought asylum on the basis that as a bisexual man, he would face physical harm if he returned to Ghana. Mohammed said his asylum claim in the U.S. was rejected because he was unable to gather supporting evidence from his home country while locked up in the detention centre.

Phone calls overseas from the detention centre are expensive and applicants can burn through the money they have in a short call, he said.

"They didn't give you a chance to let them know that you are in a difficult position," he said. THE CANADIAN PRESS

FOR ALL OUR LATEST PROMOTIONS



You can't get enough evidence to show them ... what you are facing. Seidu Mohammed, on his struggles to get asylum

in the United States



WWW.STEELEVW.CA

WOODWORKERS

FURNITURE STORE

386 Windmill Rd, Dartmouth • 465-5000 • lakecitywoodworkers.com

Spring Celebration Sale!



SAVE THE TAX!*

SAVE HUNDREDS OF DOLLARS

on our full line of locally made

SOLID WOOD FURNITURE.

BEDS, DRESSERS, ARMOIRES, BOOKCASES, DINING TABLES & CHAIRS, SERVERS, KITCHEN ISLANDS... AND MUCH MORE!

*certain conditions apply...see store for details!

Many Stains/ Colors to Match Your Decor!

Until May 28th



UN appeals for aid for 'Children on the Run'

Campaign helps unaccompanied children from South America

With the number of unaccompanied and separated children fleeing gang violence in Central America doubling every year since 2011, the United Nations is launching a campaign to address the "urgent-yet-silent crisis."

The UN Refugee Agency will kick off the "Children on the Run" campaign in North America on Friday to raise \$18 million to assist the young refugees fleeing Guatemala, El Salvador and Honduras.

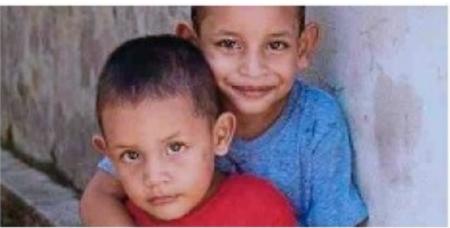
"We are very concerned about the forced recruitment of these children and youth into the gangs. These adolescents are sometimes killed, tortured and raped," said Jean-Nicolas Beuze, the agency's representative in Canada, who is working on a

pilot with Ottawa to resettle a small number of the vulnerable children. According to the UN, the number of refugees from the Northern Triangle countries in the last four years has increased to 146,000 in 2016 from 20,900 in 2012.

Beuze said young refugees, many as young as 10 to 12 years old, often fall into the nets of traffickers and are sexually assaulted and exploited.

The UN Children on the Run campaign will focus on raising awareness of the growing number of children and families fleeing horrific violence in the three Central American countries through videos and stories on an information page on the crisis.

The fund will enable UN Refugee Agency to shelter and protect the vulnerable and facilitate family tracing, reunification and psychosocial support, but so far, said Beuze, only eight per cent of the needed money has been raised. TORSTAR NEWS SERVICE



Brothers Alejandro, 3, and Mateo, 5, and their family fled Honduras after a local gang threatened their lives. UNHCR

Drive it, you'll get it.

Teen dies after car plows into Times Square crowd

Two law enforcement officials say a driver accused of running down pedestrians in Times Square told officers he was hearing voices and expected to die.

Authorities say Richard Rojas was taken into custody Thursday after mowing down 23 people, including a teenager who died.

The two law enforcement officials say Rojas tested negative for alcohol, but drug tests were still pending.

The officials weren't authorized to speak publicly and spoke to The Associated Press on condition of anonymity.

Police say the 26-year-old Navy veteran was arrested last week after he pointed a knife at a notary and accused the notary of stealing his identity.

It isn't clear when Rojas might get a lawyer.

Terrorism isn't suspected in the crash. THE ASSOCIATED PRESS

DIGEST Trump slams 'witch hunt'

President Donald Trump denounced the appointment of special counsel Robert Mueller to investigate his campaign's ties with Russia Thursday, calling it a "witch hunt." Meanwhile, Republicans expressed hopes the move would restore calm to the capital. Lawmakers of both parties sought to question Mueller about Trump's firing of FBI director James Comey, followed by news that Trump had shared secrets with the Russians and tried to stop Comey from investigating former presidential adviser Michael

Flynn, THE ASSOCIATED PRESS

communications maestro who transformed television news and America's political conversation by creating and ruling Fox News Channel for two decades before being sexual harassment, died Thursday, according to his wife, Elizabeth Ailes. He was 77. Fox News and 21st Century Fox executive chairman Rupert Murdoch called Ailes "a brilliant broadcaster (who) played a huge role in shaping America's media." Others laid the nation's political find common ground at his feet. THE ASSOCIATED PRESS

Roger Ailes has died at 77

Roger Ailes, the ousted last year for alleged dysfunction and inability to

2017 GOLF SPORTWAGEN 1.8 TSI TRENDLINE FWD MANUAL TRANSMISSION

Highline model shown

with DOWN PAYMENT

2017 TIGUAN

Highline model shown

2.0 TSI TRENDLINE FWD AUTOMATIC TRANSMISSION

Now, even the savings are turbocharged.

with \$ DOWN PAYMENT

2017 JETTA

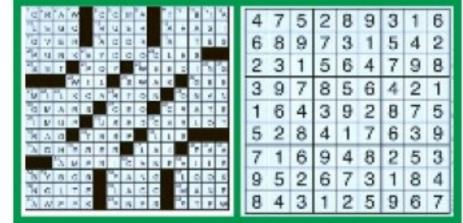
1.4 TSI TRENDLINE MANUAL TRANSMISSION

Highline model shown

with DOWN PAYMENT

PLAY Yesterday's Answers

from your daily crossword and Sudoku



for more fun and games go to metronews.ca/games

FOR UP TO 36 MONTHS' ON SELECT MODELS

Exceptional exists for less than you think. Offers end May 31.

Hillcrest Volkswagen

3154 Robie Street, Halifax, NS B3K 4P9 - (902) 453-2790

hillcrestvw.com



*Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2017 Jetta 1.4T Trendline base model with 5-speed manual transmission and an MSRP of \$18,040. \$1,645 freight and PDI included. Monthly payment of \$258. 36-month term at 0% APR. \$0 down payment, security deposit of \$310 and first monthly payment due at lease inception. Discount of \$400 is already included in the lease amounts mentioned above, 48,000-killometre allowance; charge of \$0.15/km for excess killometres. Total lease obligation \$9,288. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **\$4,000 discount on MSRP available on cash purchase only of new and unregistered 2017 Touareg models. Discount varies by model. †LLease payments of \$208/\$332/\$291 on the Jetta / Tiguan / Golf SportWagen must be made on a monthly basis and cannot be made weekly. Weekly equivalent payments shown for information only. Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2017 Jetta 1.4T Trendline / Tiguan FWD Trendline / Golf SportWagen 1.8T Trendline model with 5/6/5-speed manual/automatic/manual transmission. \$1,645/\$1,795/\$1,645 freight and PDI included in monthly payment. 60-month term at 1.49%/2.49% APR. \$0/\$0/\$0 down payment, \$260/\$380/\$340 security deposit and first monthly payment due at lease inception Total lease obligation: \$12,480/\$19,920/\$17,460. Discount of \$400/\$550/\$0 is already included in the lease amounts mentioned above. 80,000-kilometre allowance; charge of \$0.15/km for excess kilometres. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end May 31, 2017 and are subject to change or cancellation without notice. Models shown: 2017 Jetta 1.8T Highline automatic transmission, \$28,495 / 2017 Tiguan 2.0T Highline automatic transmission, \$37,198 / 2017 Golf SportWagen 1.8T automatic transmission, \$33,795. Vehicles shown for illustration purposes only and may include optional equipment. Visit twoffers.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Jetta", "Tiguan", "Golf", "Touareg", "TSI", "Highline" and "Trendline" are registered trademarks of Volkswagen AG. "Golf SportWagen" and "SportWagen" are trademarks of Volkswagen AG. 🕏 2017 Volkswagen Canada.

Your essential daily news

Why do people with high IQs also tend to be atheists? Both groups are good at questioning their own instincts, a new Dutch study says

DECODED by Genna Buck and Andrés Plana

CANADA'S MOST

You can wear bug spray, long sleeves and even tuck your pants into your socks (cool!), but from now until fall, you or your pet might encounter ticks, and an even less welcome hitchhiker: Lyme disease. It spiked from 144 cases in 2009 to an estimated 841 in 2016. And the warming climate means ticks are showing up in more places.

WESTERN **BLACKLEGGED** BLACKLEGGED TICK TICK

Aliases: Deer tick, bear tick Hangouts: Eastern and Central Canada

Crimes: Lyme disease, Deer Tick Virus Encephalitis, Babesiosis, many others

WHAT LYME IS - AND ISN'T

IS: an illness caused by Borrelia burgdorferi bacteria

IS: treatable with antibiotics

IS: transmitted from birds and mammals to people via ticks

IS: usually spotted as a "bulls-eye" rash at the site of a tick bite

IS: a cause of fatigue, headache, chills, fever, muscle and joint pain, cardiac problems, facial paralysis and even meningitis

IS: a cause of painful arthritis and changes to personality, brain function and speech - if untreated

ISN'T: A chronic infection. Although symptoms can continue long after treatment, "chronic Lyme disease" is unproven. There's no benefit, but plenty of risks, to taking more antibiotics after the initial infection has cleared up.

SIZING UP TICKS

Ticks from the same species look different before and after eating and at different stages in the life cycle.



Adults (after feeding)

look large and swollen: You won't miss it.



Adults burrow into skin, but you might not feel it because tick spit contains natural

anesthetic.



Nymphs are most likely to transmit Lyme. They're tiny and hard to spot.

Larvae are miniscule baby ticks. They can harbour Lyme too.

NASTY **NEIGHBOURS**

These ticks aren't associated with Lyme, but can spread other infections

LONE STAR TICK: THE **NEW TICK ON THE BLOCK** This southern

U.S. native is spreading to Canada as the climate warms. Its bite can induce a rare allergy to red meat.



Hangouts: British Columbia

and the U.S. Pacific Northwest

Crimes: Lyme disease, Human

Granulocytic Anaplasmosis

AMERICAN DOG TICK

his plentiful tick hides out in grass, urban parks and trails in Central and Eastern Canada.

CITIZEN SCIENTIST by Genna Buck

Can you get food poisoning twice in a row?

Can you get food poisoning twice in a short period if you eat the exact same food again in the form of leftovers? - G. B., Toronto

Okay, I confess. This issue is personal to me, and I sent this question to myself because I wanted an excuse to research it. A few weeks ago, the universe punished me for making a joke in this column about eating raw cookie dough. I came down with a miserable stomach bug.

I hadn't been around any sick people or eaten anything suspect that I could recall. The

cause was a mystery, until two weeks later, when I had a flash of insight: I'd eaten cookie dough that contained raw eggs, a common source of salmonella bacteria, the night before I became ill. Unfortunately, I had this brainwave while there was a wooden spoon of raw muffin batter in my mouth. It also contained raw eggs, from the very same carton.

I instantly felt extremely sick, and continued to for 48 hours. Was I just anxious, or is it possible I had salmonella twice? I asked Dr. Bruce Vallance, the resident stomach-bug guru at strain of the exact same bug B.C. Children's Hospital.

It depends on the timing and the germ, but if you're exposed again after you recover, you'll likely get sick again, Vallance said in an email, adding it's "very difficult" to develop complete immunity against germs that attack the gut.

However, any barf-inducing bug you catch (salmonella, norovirus, whatever) has a unique genetic signature your body learns to recognize and fight off.

If you get food poisoning, then encounter the exact same a week or two later, you may have some resistance. You'll probably get sick, but not as badly as the first time around, Vallance explained. That may have been what happened with me and the cookie dough (Lesson. Learned).

If I was unlucky enough to catch a different strain though, I would be just as susceptible as anyone else.

Science Question?

citizenscientist@metronews.ca



CHIEF OPERATING OFFICER, Sandy MacLeod

VICE PRESIDENT & EDITOR **Cathrin Bradbury**

EXECUTIVE VICE PRESIDENT, REGIONAL SALES Steve Shrout

MANAGING EDITOR HALIFAX **Philip Croucher**

ADVERTISER INQUIRIES adinfohalifax@metronews.ca General phone 902-444-4444

FREE TO SHARE



FINDINGS Your week in science



FEDERAL FRAMEWORK

The government is set to release a framework for a national Lyme surveillance program this month along with guidelines and educational materials for health providers. The draft did not include references to the disputed "chronic Lyme disease," sparking protest from patient groups.

NOT SO PUMPED

One more way doping doesn't pay: Weightlifters who use steroids long-term have weak hearts that don't pump an adequate volume of blood, says a new study in the journal Circulation.

SOUND SMART

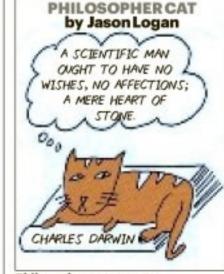


DEFINITION

Pedipalps are the two "arms" that spiders, scorpions and some crabs have on the front of their bodies.

USE IT IN A SENTENCE

There's a reason spiders make bad pop song writers. You try finding a rhyme for "I long to hold you in my pedipalps."



Philosopher cat now at

GET THE REAL DEAL AT HALIFAX CHRYSLER & STEELE CHRYSLER





2017 AM 1500 SXT

CREW CAB, 5.7L HEMI 4X4

ALLOY WHEELS, U-CONNECT 5.0 BLUETOOTH, CLASS 4 TRAILER HITCH

MSRP OF

AVAILABLE COLOURS: BLACK, GRANITE CRYSTAL, FLAME RED, BLUE STREAK, TRUE BLUE, SILVER, RED PEARL

OFF MSRP ON ANY



ON THE ROAD!



3.6L V6, SXT - STOW N' GO **SAVE \$10,000 - 0% AVAILABLE**

ON THE ROAD!



SAVE \$3,000 - 0% AVAILABLE

ON THE ROAD!



BAYERS LAKE, Halifax, NS PH: 902 -982-3915 CHRYSLER • DODGE • JEEP • RAM TF: 1-866-509-2995 www.halifaxchrysler.com 44 BEDFORD HWY, Halifax, NS PH: 902-982-3989 TF: 1-888-497-9121 www.steelechrysler.com



Your essential daily news





Alien: Covenant is latest film franchise to make return

Richard Crouse



That's a lot of facehugging and chestbursting.

Since the 1979 release of Alien, a film Roger Ebert called "an intergalactic haunted house thriller set inside a spaceship," audiences have been fascinated with the sci fi/horror series.

The latest movie sees a new crew - including Michael Fassbender, Katherine Waterston, Billy Crudup and Danny McBride on a mission to colonize planet Origae-6. Along the way they abandon their original course, choosing a closer, apparently inhabitable planet only to be met with terror and acid-spewing creatures.

Covenant is the third Alien movie directed by Ridley Scott. I once asked him what it was that kept him casting his eyes to the skies movie wise.

"The fantasy of space," he said, "which is now also a reality, is a marvellous platform and a form of theatre. Honestly, almost anything goes."

The freedom of the sci fi genre is a common theme among creators. Denis Villeneuve, whose sequel to Ridley Scott's Blade Runner, now titled Blade Runner 2019, comes out later this year,



Katherine Waterston joins a star-studded cast in Alien: Covenant, in theatres now. CONTRIBUTED

remembers how his mind was opened by his first exposure to the genre.

"At a very young age one of my aunts came home one night and she had brought two or three big cardboard boxes filled with magazines," says Villeneuve.

"Those magazines were all about sci fi. Those boxes changed my life because the amount of poetry and creativity among the guys that were drawing those comic strips. They were very strong storytellers. They were all like mad scientists playing with our brains."

A month before Alien: Covenant's opening date Scott announced plans to start shooting another sequel within the next fourteen months.

Until that one hits theatres what other sci fi films should

we have a look at?

Vincenzo Natali, the director of episodes of television's Westworld and Orphan Black and adventurous films like Cube and Splice has some suggestions.

"I could mention 2001, Star

Wars and The Matrix, but we've all been there. I think there are some very worthy science fiction films that aren't so well known."

First on his list is Stalker, from master director Andrei Tarkovsky.

"It's about a zone in Russia that may have had some kind of alien visitation and is highly classified. There are very special people called stalkers who illegally enter the zone and can take you to a place where your wishes can come true. No other movie ever made is quite like it. It is one of the most beautiful films I've ever seen."

Next up is The 10th Victim, a futuristic Marcello Mastroianni movie about a deadly televised game called The Big Hunt which becomes a replacement for all conflict on Earth, but at what cost? "An Italian film made in the '60s but way ahead of its time," he says.

"It's a satirical comedy, absolutely brilliantly made, filled with cool futuristic Italian design and it's really funny. I cannot recommend it enough."

Third is the animated La Planète Sauvage.

MOVIE RATINGS by Richard Crouse

Alien: Covenant	**
Diary of a Wimpy Kid	***
Chuck	***
The Lovers	***
Tommy's Honour	***

HOW RATING WORKS *** WORTHWHILE UP TO YOU SKIP IT

















OBITUARY

Chris Cornell, voice of Seattle rock, mourned by fans, peers

Chris Cornell had become one of the most lauded and respected contemporary lead singers in rock music, thanks to his charismatic energy onstage and wide vocal range. He was a leader of the grunge movement with Seattle-based Soundgarden — with whom he gained critical and commercial acclaim — but also found success outside the band with other projects, including Audioslave, Temple of the Dog as well as solo albums.

His death Wednesday night stunned his family and his diehard fans, who Cornell had just performed for hours earlier at a show in Detroit. Police said Thursday that the 52-year-old's death is being investigated as a possible suicide.

An autopsy is being conducted Thursday and some information from it is expected to be released later in the day.

Soundgarden's current tour kicked off in late April and was planned to run through May 27.

Cornell was known for his memorable voice and skilled songwriting, collaborating on a number of film soundtracks, including the James Bond theme song for 2006's Casino Royale



Police are investigating the musician's death as a possible suicide. THE ASSOCIATED

and The Keeper from Machine Gun Preacher, which earned him a Golden Globe nomination.

Cornell, who grew up in Seattle, said he was kicked out of school at age 15 and started using drugs at 13.

"I went from being a daily drug user at 13 to having bad drug experiences and quitting drugs by the time I was 14 and then not having any friends until the time I was 16," he told Rolling Stone in 1994.

But at 16 he became serious about music, learning to play the drums while also working as a busboy and dishwasher. "That was the toughest time in my life," he told Rolling Stone.

He eventually became a Grammy winner with Soundgarden, formed in 1984 and emerging from Seattle's blossoming music scene — which included Nirvana, Pearl Jam and Alice in Chains.

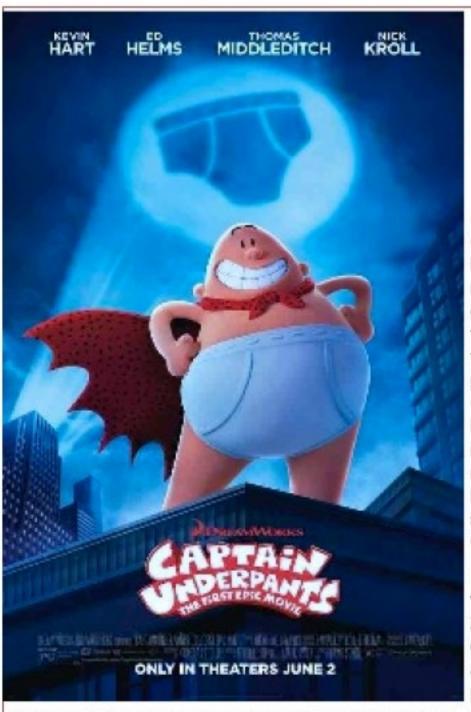
The band made a mainstream breakthrough with Superunknown, its 1994 album that launched five singles, won them two Grammys and sold more than five million units in the U.S. They broke up in 1997.

In 2001, Cornell joined Audioslave, a supergroup that included former Rage Against the Machine members Tom Morello, Brad Wilk and Tim Commerford. The band released three albums in six years before disbanding in 2007. Cornell and Soundgarden reunited in 2010 and released the band's sixth studio album, King Animal in 2012.

Nielsen Music said as a band member and solo act, the singer sold almost 15 million albums and 8.8 million digital songs in the U.S.

THE ASSOCIATED PRESS

TODAY'S QUALITY. 1937 PRICE TAG. STEP STEP SCIUTION TO So Index part, 3781 are of, Ofer old from By 18 NO 21 To So Index part, 3781 are only Ofer old fro



No purchase necessary. Skill testing question required. Limit of one (1) entry per person per day. Contest open to residents of Ontario, Alberta, Nova Scotia, British Columbia, and Ontario who are 18 years of age or older at the start of the Contest Period. Twenty (20) prizes are available to be won in each market. Approximate retail value of the Prize is \$44CAD. The Contest Period begins at 9:00 AM ET on May 10, 2017 and ends at 9am ET on May 24, 2017. For complete contest rules, visit http://wonderlist.ca/2017/05/captainunderpants.

You could Screening passes!

Based on the bestselling Captain Underpants book series this raucously subversive comedy for the entire family tells the story of two overly imaginative pranksters named George and Harold, who hypnotize their principal into thinking he's a ridiculously enthusiastic, incredibly dimwitted superhero named Captain Underpants.

For your chance to win one of 20 pairs of passes and a book prizepack, go to:

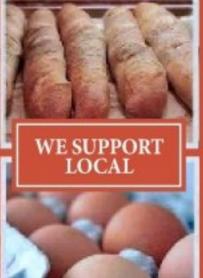
Wonderlist ca



BEDFORD BASIN FARMERS MARKET

If it's Grown in Nova Scotia, We Have It!







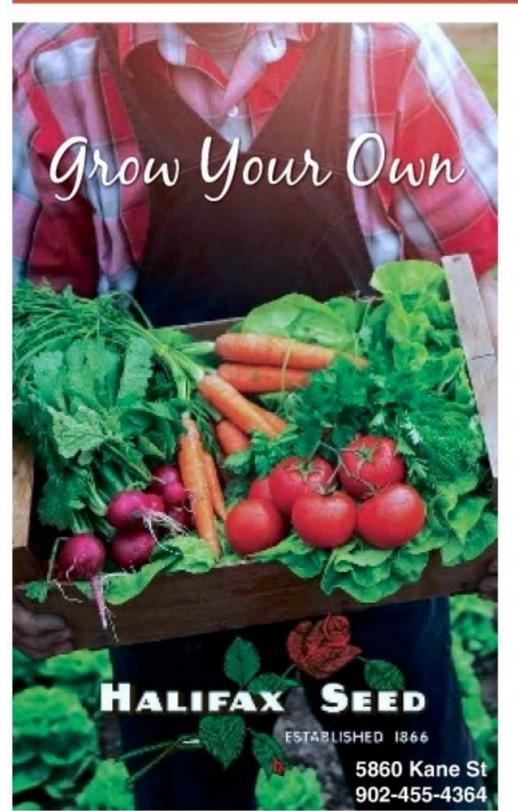




Basin Cafe & Bistro • European Corner • Butcher 397 Bedford Hwy • Halifax • 902.443.4391 Mon-Sat 8am-9pm • Sun 9am-9pm • befordbasinmarket.com



OSCARS AFTER BOYCOTT, IRANIAN DIRECTOR COLLECTS AWARD AT CANNES Asghar Farhadi, pictured with Lily-Rose Depp, has finally received his Oscar for best foreign language film, after boycotting the Academy Awards. He received the statuette during the opening ceremony at the Cannes Film Festival on Wednesday. Farhadi boycotted the ceremony in February over U.S. President Donald Trump's proposed travel ban on people from several majority-Muslim countries, including Iran. In his acceptance speech on Wednesday, Farhadi praised Cannes as a "place where cultures speak to one another." Farhadi won for The Salesman, the story of a married couple who performed Death of a Salesman on stage. THE ASSOCIATED PRESS





STEPS TO GROWING A SUCCESSFUL VEGETABLE GARDEN

You can't beat the taste of fesh, off the vine veggies. Starting your first garden is easy and can be done just about anywhere. Steps:

- 1. Lighting: How much sun your garden receives will determine what plants will grow best. Peppers, tomatoes, beans, eggplants, cucumbers & squashes are sun loving and will require over 6 hours of sun. Shade-tolerant plants include beets, broccoli, cabbages, carrots, kales, lettuces & greens, peas, radish, turnips & swiss chards.
- 2. Size: Larger gardens can grow vine crops such as winter & summer squash, pumpkins, watermelons as well as cabbages, broccolis & cauliflowers along with tomatoes & potatoes. Space-saving varieties are best if growing in smaller raised beds or containers; best choices can include pole beans & peas (grow up not out!),

beets, carrots, patio cucumbers (take 1/3 of the space compared to regular types), peppers, radishes and greens & lettuces. Get creative in small gardens: trellises, bamboo teepees & arbours can all be used to grow vegetables upward vs outward.

- 3. Weather: Gardens that receive full sun in windy locations will require more water as soil will dry out faster. Gardens nestled between houses or fences will often struggle with lower drainage and shade but can also provide a protected space for varieties that are not as tolerant to harsh conditions.
- 4. Seed vs. transplant: Many varieties such as tomatoes, peppers, rosemary, leeks & onions take a long time to grow; they will need to be started indoors in winter and early spring. If not started early, transplants are best

(pre-started plant). Other varieties prefer to be sown directly into the garden like root crops, lettuces, peas & beans.

Adding flowers into your edible gardens is a great way to trap bad insects as well as promote beneficial insects and bees. Nasturtiums, marigolds, alyssum are all great choices - planting them around the perimeter of the garden or adding a plant or two in containers will bring the bees to your yard.

After identifying your growing area and varieties you can start to prep your bed or containers - choose a high-quality soil designed to grow vegetables and herbs. Add some composted sheep manure, black earth, kelp meal as well as a vegetable & herb fertilizer such as Halifax Seed's Grow all 8-12-6.

NOW... you are ready to plant!

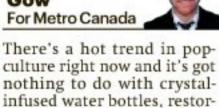
metr#LIFE Movies Weekend, May 19-22, 2017 **27**

Is 'sick-lit' the new genre of teen romance?

DRAMA

Love stories foiled by illness are on the rise in Hollywood

Steve Gow



ative nap cafés or even the latest Fitbit. No, I'm talking about the rise of the terminal

romance.

Popularized by such young adult films as The Fault in Our Stars and smash Netflix series 13 Reasons Why, these books-turned-blockbusters backdrop budding teen romance against raw topics like illness or death.

"Kids are dealing with these things — whether or not we decide to talk about them," novelist Nicola Yoon said recently about the trend.

"I definitely feel a responsibility to be a part of that conversation but we can't pretend these things aren't happening."

Yoon's bestseller Everything, Everything is just the latest sobering story to see life on the big screen.

A tale about a teen with an extremely rare disease. Everything, Everything quarantines its protagonist inside her hermetically sealed home for her own safety. But when the handsome boy next door suddenly shows up, Maddy begins to risk her own health to join her would-be suitor.

"It's just very unique in the way its told," said director Stella Meghie of the inspiring novel.

"There's drawings and text messages, lists and recipes and it just has a certain whimsy and quirkiness to it but the romance is classic it's Romeo and Juliet."

Not unlike the Shakespeare mainstay, Everything, Everything doesn't shy away from dark themes. But the rising trend of introducing such subjects as disease and death into young adult fiction has caused concern with some parents as well.

3 MORETEEN TERMINAL ROMANCES

The Fault In Our Stars

John Green's bestseller-turnedblockbuster stars Shailene Woodley as a terminally ill teen who bonds with a boy from her cancer support group.

If I Stay

After a family car crash lands a girl in a deep coma, she has an out-of-body experience that forces her to decide between two fates - one of which is a budding romance.

13 Reasons Why

Jay Asher's novel has stirred up controversy with its Netflix adaptation that follows a teenager as he tries to uncover why his crush killed herself.



A tale about a teen with a rare disease, Everything, Everything quarantines its protagonist inside her hermetically sealed home for her own safety. But when the handsome boy next door suddenly shows up, Maddy begins to risk her health to join her would-be suitor. CONTRIBUTED

Nicknamed "sick-lit" by detractors, many say such content only romanticizes dark deeds and may provoke depression or other harmful acts among teens.

"Books don't create behav-

iours," defended If I Stay author Gayle Forman in Time Magazine. "What books can do, however, is reflect an experience and show a way out of difficult, isolating times" - a sentiment Yoon

and Meghie certainly agree

"Kids are at such a pivotal stage of their life. I mean they're trying to figure out who they are, who they're going to be and they're trying to figure out how to be a good citizen of the world, asking themselves these big questions about the meaning of life," said Yoon. "These are great questions - adults should be asking them too."



SPONSORED CONTENT

HOME RENOVATIONS



Find the right mortgage broker for your first home

Buying your first home is a major life milestone. There are lots of factors to consider, including size, location, age and renovations not to mention price.

It's well worth the research for what will likely be your largest investment. One critical step toward finding the right home is to find the right mortgage. But your bank isn't the only place to look.

Dominion Lending Centres is a network

of thousands of licensed mortgage brokers across Canada whose job it is to connect their clients with the most suitable mortgages on the market for their financial circumstances.

Unlike a bank, which may only offer a limited set of lending options, DLC has access to mortgage options from more than 230 lending institutions, including big banks, credit unions and trust companies.

The terms you'll choose will depend on

your situation. How much of a down payment can you afford? What kind of repayment terms are you looking for? Do you have a lower credit score? If so, a mortgage broker will be able to work with you to find an option that will get you accepted for a loan.

Whatever your situation, a DLC mortgage broker can help you make sure you get the best terms. Find your mortgage broker at dominionlending.ca

ADVERTISING FEATURE .

Dominion Lending Centres Chief Economist, Dr. Sherry Cooper: Soft Landing Coming for Homebuyers

By: Gord Hamilton

The tide is turning in Canadian real estate markets with more moderate growth replacing the volatile price spikes that have characterized the hottest regions, says Dominion Lending Centres chief economist Dr. Sherry Cooper.



Dr. Sherry Cooper Chief Economist for **Dominion Lending Centres**

She sees encouraging signs that the boom will not be followed by a bust. "It's a soft landing," she says.

There are early signs of an upswing in the number of new listings in most Canadian real estate markets that is providing buyers with more choice, which Cooper sees as a sign that the real estate market

is returning to more normal growth

Her advice to sellers: The tide is turning. Don't wait any longer expecting prices to climb dramatically higher. Start making decisions to sell.

For buyers, she says there is no need to panic that you are going to miss out. More supply is coming onto the market so don't get yourselves into competitive

buying situations that could cause you to pay more than a property is worth.

Ontario's Golden Horseshoe in particular witnessed a noticeable surge in new listings in the weeks leading up to the market-cooling measures announced April 20. Cooper expects price increases to moderate in the second half of the year,

dropping to five per cent or less in 2018.

Cooper also foresees no significant jump in interest rates this year, which remain at or near record lows.

"I don't think the Bank of Canada is going to hike interest rates until maybe the middle of next year," she says.

Nation-wide home sales are increasing – up 1.1 per cent from February to March – with centres like London and St. Thomas, Ontario showing growing strength. In
Montreal, an improving economy has
buoyed the housing market, where Cooper
says a shortage of new listings has created
"a bit of a seller's market." Prices are down slightly in Quebec, which, Canada Mortgage and Housing Corp. describes as a buyer's market.

In Atlantic Canada, sales are generally steady and prices stable, with some exceptions, such as Halifax, where prices are up 2.6 per cent. In B.C., prices in the Lower Mainland have moderated after market-cooling measures were introduced last year, and sales activity is beginning

Alberta is experiencing the beginnings of recovery from the downturn that followed the collapse in oil prices. The number of the collapse in oil prices. The number of listings and rental vacancy rates is still higher than the long-term average in Calgary, but Cooper believes real estate prices have bottomed. Although oil prices have recently declined, oil production has likely bottomed with a return of job growth coming. That will moderate the current supply of home listings.

Although real estate activity is driven by

local conditions that create variations in supply, demand, and affordability across the country, national trends can provide important indicators. Cooper says there is a significant connection between what happens in the major housing markets and the Canadian economy as a whole. Housing as a percentage of GDP is at a record high. Affordability is still an issue in many major centres, and speculation on residential property remains a concern in the Greater Golden Horseshoe, but the overall trend of a return to moderate growth spells good news for the economy as a whole.



1-888-806-8080 www.dominionlending.ca



Canadians are just funnier

HUMOUR

We school every other country with our LOL sense of humour

Sean Plummer

The Brits and Yanks have gifted the world their fair share of comedy sketch troupes. But, proportionally, it seems like lonely, under-populated Canada can claim far more funny per square metre.

The '70s saw the Royal

Canadian Air Farce yucking it up on radio and TV, while SCTV, many of whose members emerged from the Chicago and Toronto chapters of The Second City, made Canadian TV must-see.

Edgier acts like Toronto's The Kids in the Hall and The Frantics got weird in the '80s and '90s, and, lest we forget, CODCO came straight out of Newfoundland to poke fun at Eastern Canadian stereotypes. And we're still at it! Modern-day practitioners of political and social satire The Beaverton have made their way from online to TV, as did Halifax's Picnicface, who built up a massive online following with their absurdist humour.



From left to right: Kevin McDonald, Scott Thompson, Dave Foley, Bruce McCulloch and Mark McKinney starred in the hilarious series The Kids in the Hall. THE CANADIAN PRESS

Sorry for being sorry

Fairly or unfairly okay, fairly — Canadians have a reputation for defaulting to apologies.

You could blame it on the nation's English background, and the evidence to support the stereotype is more anecdotal than statistical, but we do we say "sorry" so often that the Canadian justice system enshrined it into law back in 2009 via the Apology Act, where the accused is not assumed to be guilty if they apologize to their accuser. Sorry!



The cast of the Canadian musical Come From Away. THE CANADIAN PRESS

Coming from away!

The hottest ticket on Broadway these days is Come From Away.

Based on real events, Irene Sankoff's and David Hein's musical depicts what happened after 38 planes were diverted from American airspace to Gander, Newfoundland, in the wake of 9/11.

What happened was that locals opened their hearts to the displaced passengers, in addition to housing and feeding them. It's a typically Canadian story in its way, and an atypical Broadway smash.



DREAMSTIME

Recovering from an injury or illness? We can help.

Our Personal Trainer Exercise Therapist will work with you to achieve your fitness goals. Build your strength and endurance with a gradual, SMART approach.

MacDonald & Woods Personal Training Rehab Clinic



NOW OPEN

Contact Us:

902.334.1720 133 Baker Drive, Dartmouth taramacdonaldfitclub.com



We are change agents in your support network for wellness, fitness and movement.



Your essential daily news

Jeff Koons' 45-metre inflatable ballerina sculpture is up until June 2 at Rockefeller Center

Montana's magnificent ranges

EXPLORE

Find solitude and majesty in the Beartooth Wilderness

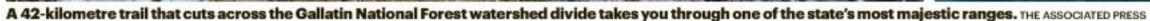
Crawl from your warm sleeping bag out the tent door, into the darkness and pre-dawn wind whipping across the plateau. Look up at the cathedral of the sky. Watch the whirlpool of constellations spin overhead.

It's hard not to feel vertigo in the majesty of Montana's wilderness. Whether you seek the rocky heights of a 3,000-metre peak or an endless chain of lakes, the pastels of a mountain meadow or the catch of day (here it's trout), you'll find it here in one of the state's most magnificent ranges, the Absaroka-Beartooth Wilderness.

The best way to get in there is the Beaten Path, a 42-kilometre trail that climbs up and over the Gallatin National Forest watershed divide. The trail has a reputation for high foot and horse traffic, but in the five days we backpacked through last summer, my hiking partner and I saw just a handful of others and embraced the solitude.

The trailhead sits at the southeastern edge of East Rose-





from the north via a 22-kilometre road from Roscoe.

However, we accessed the path via Red Lodge, a tourist town east of the wilderness that serves as the jumping-off point for the Beartooth Highway, a breathtaking drive that climbs to 3,352 metres while winding along the Wyoming border.

Much of the valley and surbud Lake. Accessible by car rounding ridgeline is a moon-

scape of charred timber and ash on the forest floor, the result of an intense 2008 fire.

Climbing north out of the river valley and onto the Red Lodge Creek plateau, our boots were grey and dusty by the time we reach tree line. Up to 3,000 metres then down off the ridge, we camped on the marshy shores of Crow Lake, hemmed in by a seam of serrated peaks that turned

crimson at sunset.

The following day, we climbed out of the valley and crossed an amber meadow carpet, then descended a dusty switchback to arrive at East Rosebud Lake and the beginning of the north end of the Beaten Path.

The path wound south, past one lake after another, following East Rosebud Creek as it drains north. The fishermen we

passed carrying trout in plastic bags provided reassurance that even novice anglers like ourselves could catch something. At Elk Lake that night, we did not.

One of the beauties of the Montana alpine terrain is how easy it is to wander. One night, we bushwhacked off trail, upstream to Echo Lake. Pika Peak, named for the small, furry rodents we saw occasionally darting along the trail, was bathed in a tangerine sunset, and we were astounded that, literally, with every cast of our reel, we pulled in brook trout well in excess of a foot. Pan-fried trout for dinner and for breakfast.

After being baked red bay the sun for three days, we welcomed the wind but not the spitting snow and hail. We bundled up for our descent. THE ASSOCIATED PRESS



Can your REALTOR do all this?

- Advertise your house on MLS®, Realtor®.ca, and all real estate applicable marketing sites
- Create a Virtual Tour of your home
- Create an Interactive Single Property Website
- Market to buyers with Interactive Online Flyers
- Advertise on all main Social Media Networks
- Take Care of ALL Showings
- Pre-Qualify buyers
- Work with lenders, appraisers, inspectors & lawyers
- Provide detailed Weekly Reports on all activity
- Charge No Upfront F ees

The Assist 2 Sell Team will sell your home on the MLS® for as low as \$2,995!

(paid at closing)



www.AsLowAs2995.com • 902.446.3113

Fees vary for homes over \$200,000. Commissions may be negotiated and are not set by law. Each office independently owned and operated. © 2017. Assist-2-Sell Inc.

'It's a good hard decision": Mike Sullivan is being unsurprisingly cagey on whether he'll start Marc-Andre Fleury or Matt Murray in Pens-Sens Game 4



WORLD CHAMPIONSHIP

Canada into semis after tough German test

Canada had to overcome a vocal partisan crowd and a fired-up Germany squad to keep its chances of a third straight world hockey championship title alive.

Mark Scheifele and Jeff Skinner scored as Canada survived a scare with a tight 2-1 win over the co-host Germans in quarterfinal action Thursday. The game was played in front of a deafening sold-out crowd at Cologne's Lanxess Arena.

"It was a phenomenal environment," said Canada's coach Jon Cooper after the game. "The singing was very respectful to both THURSDAY In Cologne



teams. They really cheered for their team.

"It's definitely pretty cool but honestly, you don't really hear it during the game," added Travis Konecny. Canada will face Russia in Cologne in the first of Saturday's two semifinals. THE CANADIAN PRESS



Germany's Moritz Mueller, centre, vies for the puck with Nate MacKinnon, Ryan O'Reilly and Mark Scheifele. THE ASSOCIATED PRESS

NOTORIOUS M & M

McGregor agrees to Mayweather fight

Conor McGregor has come to an agreement with UFC that has moved a proposed fight with Floyd Mayweather Jr. closer to reality.

UFC president Dana White said he reached a deal with McGregor, MMA's biggest star and lightweight champion, and will now start negotiations on a mega fight with the retired Mayweather that could be worth \$1 billion.

"I'm not saying the fight will happen, but I've got one side done. Now it's time to work on the other," White said.

McGregor confirmed the contract for the boxing match in a statement to Themaclife.com.



Conor McGregor **GETTY IMAGES**

"The first, and most important part of this historic contract has now officially been signed off on." McGregor said. "Congratulations to all parties involved. We now await

Al Haymon and his boxer's signature in the coming days."

White and McGregor did not announce specifics of the deal.

"If we can come to a deal with Haymon and Mayweather, the fight's gonna happen," White said. THE ASSOCIATED PRESS

Pillar 'ashamed' of homophobic slur

Kevin Pillar was suspended for two games Thursday for shouting an anti-gay slur at an Atlanta Braves pitcher, an incident the Toronto Blue Jays centre-fielder says he deeply regrets but hopes will ultimately raise awareness about the hurtful impact words can have.

General manager Ross Atkins confirmed the team ban during a media availability before Thursday night's game at SunTrust Park in Atlanta. Pillar's pay from the two games will be donated, Atkins said.

Pillar was angry at Jason Motte for allegedly quick-pitching him to get a strikeout that ended the seventh inning in Atlanta's 8-4 victory Wednes-



Kevin Pillar GETTY IMAGES

Replays appeared to show Pillar using the slur as he yelled toward the

day night.

mound. Pillar told reporters in Atlanta there

is "no place for this language" anywhere, including on the baseball field.

"I really felt embarrassed for myself, for my family for this organization," Pillar said, adding that he had not slept much Wednesday night. "I was ashamed."

THE CANADIAN PRESS

IN BRIEF

Spurs go off on Leicester

Harry Kane scored four goals in Tottenham's 6-1 rout of Leicester on Thursday.

Son Heung-min became the highest-scoring South Korean player in a European season scoring twice to reach 21 goals and break Cha Bum-kun's 19-goal haul at Bayer Leverkusen. Leicester's Ben Chilwell got the Foxes' consolation goal. Leicester manager Craig Shakespeare will find out if he will keep his job in the coming days. THE ASSOCIATED PRESS

Gaviria wins long Giro stage

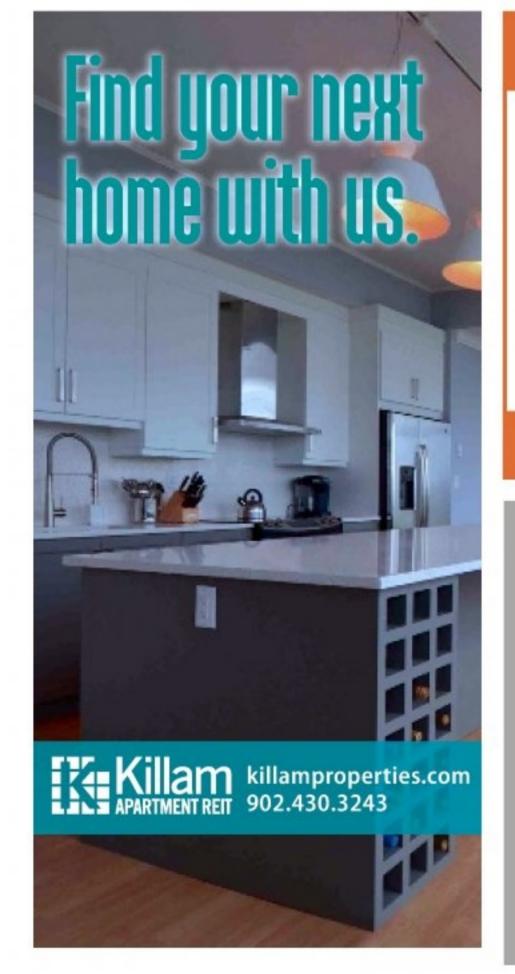
Colombian rider Fernando Gaviria won a bunch sprint at the end of the longest stage of the Giro d'Italia on Thursday to earn his third victory in his first Grand Tour.

Gaviria, who rides for Quick-Step Floors, edged Italian rival Jakub Mareczko at the end of the 229-kilometre route from Forli to Reggio Emilia. Sam Bennett of Ireland was third in the 12th stage. Overall, Holland's Tom Dumoulin is the leader. THE ASSOCIATED PRESS.

APARTMENT FINDER

To advertise call 902-421-5824

MAY 19



HAVE THE CITY AT YOUR DOORSTEP

SAINT LAWRENCE PLACE









Contact Kristi 902-401-6732

Give it to a friend at no extra cost.

metr



SALTER'S GATE APARTMENTS

"the best of downtown living"







- 1 & 2 bedroom apartments
- terraces & harbour views available
- designer finishes
- blinds on all windows
- heat & hot water included
- 6 appliances incl. in-suite laundry
- · secure, interior parking available
- fitness facility
- greenwoodlane.com 902-423-2279



EVERYTHING YOU NEED. ALL RIGHT HERE.

Secure Entrance with FOB Access System • Heat & Air Conditioning Included • Open Concept Living Area Custom Blinds • Modern Large Kitchens • Large Balconies Sackville's First Residential Concrete Building

KINGFISHER

janice@brookshire.ca 902.789.1441 | thekingfisher.ca





DARTMOUTH | KENTVILLE

E | HALIFAX

WINDSOR

902-402-2915 902-402-6287

902-401-2735

902-401-8312

902-691-3000

902-402-1518

902-402-1518

ASK ABOUT OUR CURRENT PROMOTIONS!

FIND MY PLACE TO LIVE! **902-449-RENT** (7368)

www.metcap.com

APARTMENT FINDER

MAY 19

To advertise contact 902-421-5824



5800 SOUTH

QUIET LUXURY RENTALS IN SOUTH END

- Two bedroom suites available
- Immediate proximity to hospitals
- Six modern appliances including laundry
- Steps away from universities
- Large balconies
- Quiet professional building
- Penthouse entertainment room with terrace
- Private underground parking
- Fitness centre
- Spacious open concept with ensuites

www.armoururban.com | 902.830.2129 | Flexible viewing opportunities



Carpet-free Units

In-floor Heating

- Heat & Hot Water Included
 Fitness Centre
- 2 Common Rooms
- Underground Prkg
 Granite Countertops
- 6 Appliances
- Extra Storage

Coming JULY 2017

Call today to Reserve Your Spot! 902-809-8778 or info@sunsetview.ca

Apartment living overlooking the trees of Crichton Park.

Spacious apartments located in a quiet neighbourhood in Dartmouth. Situated directly accross from Mic Mac Mall, major bus stops with



1000 Micmac Blvd, **Dartmouth**

CALL / TEXT: 902.461.0030

OR VISIT: www.armoururban.com

2 & 3 Bedroom Units Available



realstar

Ask about our rental incentives

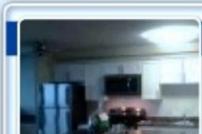


STONECREST VILLAGE 80 Chipstone Close, Halifax

Park-like setting close to Bayer's Lake Park

1 BR + Den, 2 BR, 2 BR Large & 3 BR

- 5 Appliances**
- New Blinds
- Private Balcony
- In-Suite Laundry** · 24/7 On-site Staff
- · In-suite Storage
- 24/7 Deluxe Laundry
 Cat & Dog Friendly on Select Floors
- Underground Parking**
- · Community Room
- . Modern Fitness Facility with Yoga Area



SPRING GARDEN APTS 5770 Spring Garden Rd., Halifax

Steps to Public Gardens & the shops on Spring Garden Rd.

Bachelor, 1 BR & 2 BR

- · Indoor Pool, Sauna & Fitness Facility
- Newly Renovated Suites
- · Utilities Included 24/7 On-site Staff
- · Community Room · Cat & Dog Friendly

· On-site Storage

- New Blinds
- Underground Parking
- 24/7 Laundry Facilities
- ncentive OR No Security Deposit Seniors!



902-703-6556

902-442-5404

GARRISON WATCH/HARBOUR RIDGE 5536 Sackville St., Halifax

In the Heart of Downtown Halifax

1 BR + Den , 2 BR & 2 BR Large

- 5 Appliances**
- In-suite Laundry**
- New Blinds
- · Spacious Suites 24/7 On-site Staff
- · Fob Access
- . Cat & Dog Friendly
- Modern Suites in Downtown Halifax

\$500 Move-In Incentive OR No Security Deposit on Select Suites!



902-442-7247

1 BR & 2 BR

- . Downtown Living at a Great Price · Above & Underground Parking Available
- 5 Appliances
- Fob Access

MACDONALD APARTMENTS 5885 Cunard Street, Halifax

A short walking distance to everywhere in downtown Halifax

- In-suite Laundry
- 24/7 On-site Staff

CUNARD COURT 2065 Brunswick Street, Halifax

- · Cat Friendly
- · Utilities Included



Overlooking the Halifax Commons

1 BR & 2 BR

- Flexible Leasing Terms
- . Bright & Spacious Suites right on Commons

Pool Side Deck & Community Garden
 Cat Friendly

- 24/7 Deluxe Laundry Facilities Fitness Ctr, Sauna & Indoor Pool
 - Fob Access 24/7 On-site Staff
- Secure Underground Parking
- · New Blinds

2% Senior, Military & Capital Health

Employee Discounts Available*

**Available in Selected Suites.

Starting prices, availability and incentives are subject to change without notice. E. & O. E.









For more information visit: www.realstar.ca

NEWLY RENOVATIED UNITS

1, 2 & 3 BR units
Located on Churchill Crt & Roleika Dr. Dartmouth

Close to Schools, Buses and All Amenities!

1 Bedroom now \$575

2 Bedroom now \$620 2 Bedroom + Den now \$809 3 Bedroom now \$809

Call today 902-462-3544 or 902 830-4851

PineRentals@gmail.com

Belmont Court Apartments

Completely renovated, spacious apartments with large balconies near everything Cole Harbour has to offer!

Clean & Quiet Dedicated Parking On-site Laundry Affordable Rates On-site Superintendent Great Neighbours

957 Cole Harbour Road, Dartmouth 902-425-5777 • belmontcourt.ca





BE THE PLACE WHERE EVERYONE WANTS TO LIVE

1, 2 & 3 BR Apts in Mount Royale

6 Appliances • Great Views of Halifax \$950 - \$1,395/mth

569 Washmill Lake Dr. Call Peggy: 902-210-7707 36 Bently Dr. Call Kim: 902-830-3278

MOVE IN TODAY! 2 Barkton Lane

Includes 2 Bedrooms, 2 Bath, Large Living Area. Close to schools and shopping.

\$875/mth + utilities

Call Steve FOR VIEWING: 902-830-7814

A MUST SEE! 8 Flamingo Drive

Includes 1 Bedroom, Heat, Hot Water, Full Bus Service at your door. Close to University.

\$725/mth

Call Dwayne FOR VIEWING: 902-830-3790

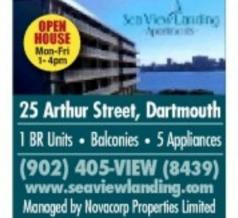
bhallainvestmentsinc.ca



GREAT LOCATION 1 & 2 BR Apts

5 & 7 Franklyn St. Dartmouth

Rent from \$700/mth 902-461-9111



WELL MAINTAINED Bach & 1BR Apts

33 Gaston Rd. Dartmouth

Rent from \$565/mth

902-405-0658





A better place? Yes way.

Apartments that are locally owned, community-minded and quality inspired.



Find your apartment online at universalgroup.ca or call (902) 425-8877 to view today.



5 Horizon Court Dartmouth avonhurst G A R D E N S

OPEN HOUSE

Mon- Fri 9am-5pm Sat 12-4pm or call to book your private viewing

2 and 3 Bedroom Apartment Homes

Garden Plots • Movie Theatre • Secure Building Fitness Centre • Business Centre • & More!

902.407.7007



THE MAIN ENTRANCE, 5450 KAYE ST.

SATURDAY 12-4PM

& SNACKS WILL BE SERVED



HYDROSTONE LIVING

NOW RENTING

1&2 BEDROOM SUITES CALL 902.406.5450

STJOSEPHSSQUARE.COM

PARAMOUNT **DEXEL**

RECRUITMENT

WANTED: FLEET SUPERVISOR

Halifax Transit is inviting applications for the permanent full-time position of Fleet Supervisor in Bus Maintenance.

The Fleet Supervisor provides expert advice and support in the operation, maintenance and servicing of Halifax Transit's fleet.

What we offer:

- Competitive Salary
- Group Benefits and Pension (employer matched) starting on your first day of work
- Paid Vacation
- · Ongoing training opportunities

For more info visit:

www.halifax.ca/employment reference 2147BR











42 Canal Street Dartmouth 902-407-3323

SPIRITUAL



Catholic Cemeteries of Halifax Gate of Heaven

Holy Cross

Mount Olivet

1531 Grafton St., Halifax N.S. B3J 2B9 902-429-9800 ext. 308 ccchalifax.com

Serving the needs of the community



NOW HIRING

METCAP LIVING MANAGEMENT

Cleaners • Resident Managers Receivers • Leasing Agents

Submit applications to:

Teddy@metcap.com Angie.Craig@metcap.com Fax: 902-407-8051

Reference the position you're applying for

ROOM ATTENDANTS +LIGHT DUTIES **Tourist Guest** House

Central Halifax 902-422-4169

MOVERS

BUDGETMOVERS

902.219.9233

17' Truck & 2 Movers

\$75 / hr

Local & Long Distance

Flat rate to Sydney: \$950

FORUM FLEA

200 + Tables

Admission \$2 • Sunday 9-2 Bingo Hall, Windsor/Almon St.

902-463-1406

THE ORIGINAL SINCE 1975

Spaces \$17

CASH OPPORTUNIT

BY RETURNING PHONE CALLS

Toll Free: 1-646-668-8702

NO SELLING **NO EXPLAINING**

DAVIES PLUMBING & HEATING

RESIDENTIAL • SERVICE COMMERCIAL

579 Hwy 2 Elmsdale • 902-883-9078 frankdavies29@gmail.com

ASK HOW YOU CAN WIN A BBQ!

DENTAL HYGIENE







ncludes: Hygiene Assessment, Scaling, Polish & Fluoride. If additional treatments are needed they will be completed at no extra cost.

3542 Novalea Dr. Hfx & 193 Portland St. Dart www.smartsmilesdh.com

Group Rates & Mobile Services Available Call Today! 902-830-6908



GAMBLING RECOVERY SERVICES

Are you recovering from a gambling problem?



Is it now under control? Telling your story could really help others start their recovery journey.

The 'Stories of Hope' project is an online personal story library, that provides hope and practical ideas on how to tackle a gambling problem.

All stories are published anonymously on www.gamtalk.org, a free online support service for people with gambling related issues.

> Please share your story at www.gamtalk.org/stories-of-hope/ or email info@gamtalk.org

CALL TODAY

Free estimates!

ABLE MOVERS

REAL ESTATE OPPORTUNITY

- Free In Home Quote Insured Professional Service

902-471-9733

Visit metronews.ca

metr#

MASSAGE THERAPY

John Panter, **Certified Rolfer™**



Are you tired of chronic pain...?

902 425 2612 • fareast@auracom.com

LANDSCAPING



\$35+ AERATING LAWN MOWING \$30+

902-981-5212

<u>ATTENTION</u> INVESTORS

19 Income Unit Property Opportunity

16 One Bedroom Apartments 3 Main Floor Commercial Sites

> Overlooking the **Bedford Basin with** Million Dollar views!

\$2,500,000

Call Terry 902-877-4622 or Paula 902-488-8688 for an appointment **CENTURY 21 Trident Realty**

StoneCrete Canada

EXTERIOR REPAIR

Stonetile Exterior Cladding & Concrete Substrate

> Repair & Colour / Sealer **Treatment Specialist**

Paul: 902-488-5401 Rene: 902-219-1338

29

28

16

35

54

60

63

19

22

25

44

48

53

56

27

14

17

20

23

31

38

39

42

32

51

52

33

Luscious Rhubarb and Plum Crumble



Ceri Marsh & Laura Keogh For Metro Canada

Catch the end of rhubarb season with this luscious dessert.

Ready in 1 hour

Prep time: 30 minutes Cook time: 30 minutes Serves 8

Ingredients

- 1 cup whole wheat flour
- 3/4 cup rolled oats
- 1/2 cup + 2 Tbsp brown sugar
- 1 tsp cinnamon
- 1/4 tsp salt
- 1/3 cup pecans, chopped
- 1/2 cup butter, melted
- 3 1/2 cups of chopped, pitted
- · 2 cups chopped rhubarb
- 1/3 cup + 2 Tbsp maple syrup 1 Tbsp lemon juice
- 1 Tbsp flour

Directions

- Preheat oven to 375 degrees.
- 2. Toss together the flour, oats, 1/2 cup of brown sugar, cinnamon, salt and nuts until everything is well combined.
- 3. In a small bowl, mix together melted butter and 2 Tbsp maple syrup. Pour over the oat mixture and stir until it becomes evenly moist. Set aside.
- 4. Place your chopped plums and rhubarb, lemon juice, 1/3 cup of maple syrup, 2 Tbsp brown sugar and flour in a bowl and give it a good toss. Pour fruit into an 8" x 8" baking pan. Top with crumble. Don't worry if it doesn't cover the fruit perfectly.
- 5. Bake for 30 to 35 minutes until the topping is golden brown and the fruit is bubbling. Allow to cool for a few minutes before serving.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

21

24

43

23

45

15

18

40

ACROSS 1. Mr. Klugman of "Quincy, M.E." Cashier-to-customers papers [abbr.] Queen Victoria's is May 24th, briefly 14. Cosmetics giant 15, "Star Trek" character 16. Laugh: French 17. Enthusiasm 18. Popular pair of pants: 2 wds. 20. Journalistic output, often, to President Donald Trump: 2 wds. 22. Make a money 23. Years: French 24. "Could ___ Your Girl" by Jann Arden 25. Actress, Candace Cameron_ 26. Juno-winning country star from Nova Scotia: 2 wds. Bequest 34. Grassland 35. "There will ___ talking in class!"

55 36. Singer Ms. Cara 37. Soaked 58 38. "Desperately Seeking _" (1985) 39. Sud's direction-61 al opposite 40. Fashion scarf 41. 7UP rival 42. Canadian production on Broadway which has seven Tony Award

nominations for this year's 2017 broadcast on June 11th: 3 wds. 45. Racetrack fence 46. Convened 47. Entrepre-

neur's deg.

50. Travels around a planet 53. Those driving too fast 55. Central thoroughfare in Winnipeg: 2 wds. 57. Beehive State

58. Editor's 'let

it stand'

59. Place to connect in Chicago

62

60. Zero, in tennis 61. Mr. Malden 62. Oscar-winner Sophia 63. Diving bird

DOWN

1. Orange variety 2. Bird-related 3. Wine bottle toppers 4. Leg-bending point 5, 2010 Rihanna charttopper: 2 wds.

6. Grub grinder

Wordplays 8. Numerical prefix 9. Liqueur of Italy 10. Rural town in Saskatchewan west of the Manitoba border 11. Hor. Vert. __. (Abbreviated lines) 12. "Rule, Britannia" composer

13. Fri., on Sat. 19. _ Mountains (Switzerland-France range) 21. Bridget Fonda, to Jane 25. _ juice 26. Newfoundland airport where planes on 9/11 were diverted (What the musical at #42-Across is about): wd. + abbr. 27. Sparkle 28. "__ can." (Can-do attitude reply) 29. Go __ great length 30. Zippo 31. Rival car of a Cadillac, for short 32. 'Switch' suffix 33. Wheat 37. Sheep coat fabric 38. Outpouring 40. "_Stomp": 1961 hit for The Dovells 41. Make more sugary 43. '50s singer Mr. Domino 44. Unit of electric current 47. "Ditto over here!": 2 wds. 48. "Clap! Clap! Clap!" 49. Drained looking 50. City of Russia 51. Pro_(In proportion) 52. Casket stand 53. Singe 54. Boring

56. Greek alpha-

bet's 17th letter

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20 You feel warm and generous to everyone today, which is why this is a great day to schmooze with partners and close friends. Have a good time, but don't go overboard.

Taurus April 21 - May 21 You feel content today. You're happy in your own skin. Things are coming your way and work looks hopeful!

II Gemini May 22 - June 21 This is a popular day! Enjoy interactions with others, whether they are casual friendships or dealings with groups and organizations. People want to see you today.

Cancer June 22 - July 23 You make a fabulous impression on bosses, parents and VIPs today. Just be careful you don't promise more than you can deliver. Remain realistic.

Leo July 24 - Aug. 23 Big travel plans are thrilling. You want to go places and enjoy things in Leo style!

Virgo Aug. 24 - Sept. 23 If you have to share or divide something today, don't give away the farm. Remember that you have rights, too. Respect your own self-interest.

Libra Sept. 24 - Oct. 23 You feel warm and friendly toward everyone today, which is why you will be tempted to go overboard or make promises that you cannot fulfill.

Scorpio Oct. 24 - Nov. 22 This is a day full of self-indulgence. You might overeat and enjoy seconds on dessert, but you will feel guilty because you also have an eye on your health.

Sagittarius Nov. 23 - Dec. 21 This definitely is a party day - and you are the sign who likes to work hard and party hard! Enjoy good times with friends, sporting events and playful activities with children.

Capricorn Dec. 22 - Jan. 20 You will love to entertain at home today. In particular, you will love to show your guests a good time.

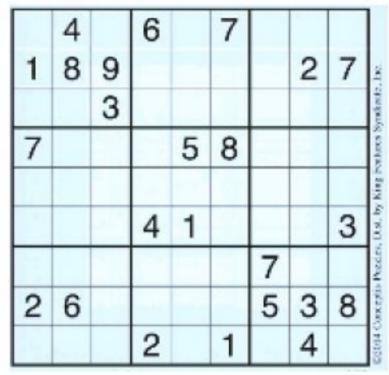
Aguarius Jan. 21 - Feb. 19 This is a fun-loving day; and you're in a great mood. You will enjoy the company of others, and you also will enjoy the beauty of your daily surroundings. It's a fortunate day, indeed!

- Pisces

Feb. 20 - March 20 Look for ways to boost your income, because they do exist today. However, you also might overspend on something because it's easy to go overboard today. Ka-ching!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



EXPERIENCE THE DIFFERENCE

Discount Hub's SECOND location of JUST ABOUT EVERYTHING

Bath • Bedding • Cookware • Fashion • Health & Beauty Middle Eastern Foods • Mobile Accessories • Toys & More!

215 Chain Lake Dr. BAYERS LAKE 902-407-5707 Mon-Sat 9-9 • Sun 10-5

211 John Savage Ave. BURNSIDE 902-481-1100

Mon-Sat 9-7 • Sun 10-5 Locally Owned & Operated All major credit cards & debit accepted



L₆MT

DEALER INVOICE Invoice Price (\$15,441) Dealer Weekly Months* with \$1,995 down Features: Heated Front Seats Remote Keyless Entry Projection Headlights SUPERSTRUCTURE™

2.0L All-Wheel Drive

DEALER INVOICE Dealer Invoice Price (\$25,876* Dealer Weekly. Months* with \$3,995 down Features: Dynamax™ All-Wheel Drive*** Heated Front Seats Rearview Camera Bluetooth[®]



hyundaicanada.com

5 Year" Warranty

5-YEAR/100,000 KM Comprehensive Limited Warranty 5-YEAR/100,000 KM **Powertrain Warranty**

5-YEAR/100,000 KM **Emission Warranty**

5-YEAR/UNLIMITED KM 24h Roadside Assistance

HYUDDUI

*/"The Hyundai names, logos, product names, feature names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. All other trademarks are the property of their respective owners. *Dealer Invoice Price of \$15,441/\$25,876 available on all remaining new in stock 2017 Elantra L Manual/2017 Tucson 2.0L AWD models, includes price adjustments of \$558/\$1,123 on lease, finance and cash purchases. Price excludes Delivery and Destination charge of \$1,705/\$1,805. Any dealer admin. fees, registration, insurance, PPSA, fees, levies, charges, licence fees and all applicable taxes are excluded. ODealer Invoice Price adjustments are calculated against the vehicle's starting price. Price adjustments of \$5,000 available on finance and cash purchase only of in stock 2017 Santa Fe Sport 2.0T trims. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available. O.A.C. from Hyundai Financial Services based on a new 2017 Elantra L Manual/2017 Tucson 2:0L AWD with an annual lease rate of 0%/0.9%. Weekly lease payment of \$1,995/\$3,995 and first monthly payment required. Trade in value may be applied to down payment amount. Total lease obligation is \$8,016/\$15,871. Lease offer includes Delivery and Destination charge of \$1,705/\$1,805. Any dealer admin. leas, registration, insurance, PPSA, fees, levies, charges, licence fees and all applicable taxes are excluded. \$0 security deposit on all models. 16,000 km allowance per year applies. Additional charge of \$0,12/km. † Finance offers available O.A.C. from Hyundai Financial Services based on 2017 Santa Fe Sport Ultimate models with an annual finance rate of 0%. Weekly payments are \$267 for 36 months. \$0 down payment required. Trade-in value may be applied to down payment amount. Cash price is \$41,637. Cost of borrowing is \$0. Finance offers include Delivery and Destination charge of \$1,905. Any dealer admin. fees, registration, insurance, PPSA, fees, levies, charges, licence fees and all applicable taxes are excluded. +Price of models shown: 2017 Elantra Ultimate/2017 Santa Fe Sport 2.07 Ultimate/2017 Tucson 1.67 Ultimate are \$28,799/\$44,599/\$38,699. Prices exclude Delivery and Destination charges of \$1,705/\$1,905/\$1,905. Any dealer admin. fees, registration, insurance, PPSA, fees, levies, charges, licence fees and all applicable for a limited time and subject to change or cancellation without notice. Delivery and Destination charge includes freight, P.D.I. and a full tank of gas. Dealer may sell for less.

Inventory is limited, dealer order may be required. Visit www.hyundaicanada.com or see dealer for complete details.***Dynamax¹⁴ is a trademark of Magna International Inc. 11Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.